

**Pittsford Neighbors – “From the Supervisor” column – December, 2020 issue
Submitted by Pittsford Town Supervisor Bill Smith**

**This Winter There’s Plenty to Do at Pittsford Recreation
*Programs continues to follow COVID-19 health protocols***

Winter is coming – but we don’t mind! We’ve got a variety of enjoyable and enriching Winter programs planned – both on-site and virtual. We’ve designed each program with your health and safety in mind; all in-person programs will follow current COVID-19 physical distancing and health guidelines. The programs listed in this brochure are planned for the dates and locations shown but **all of our winter programs may be subject to change based on any future requirements and guidance we receive from the State and from the County Department of Health.**

Updates about our Recreation programs will be posted on the Town website at www.townofpittsford.org/home-recreation and on the Pittsford Recreation Facebook page. Please check the Town website at www.townofpittsford.org/covid-19info for the most current Town updates regarding programs, services and facility access. Information will be posted on the Town of Pittsford Facebook page and Town Supervisor Bill Smith’s Facebook page as well.

Our Recreation team continues to come up with new and unique activities for take home and low contact fun. Try our **Activity Boxes** based on fun, seasonal themes - each topic has a version for ages 3-6 and one for ages 6-13. With our "**Winter Wonderland**" activity box, kids will create a snowman and mittens or a snowball launcher and watercolor snowflakes. The "**Lots of Love**" Activity Box offers supplies to create a heart wreath, bookmark, magnet and more. Kids will find supplies for a shamrock suncatcher, "leprechaun lookers" and more in our "**Green, Green, Green**" Activity Box.

Children ages 2-7 can be active and creative with our **Active Art** program. It features six colorful projects for children to do at home using items found around the house. Projects are full of physical fun and guided by a teacher via video link, accessed at any time and repeatedly if desired, so little artists can go at their own pace painting and creating. A list of any necessary materials is provided upon registration, so participation is as easy as it is fun!

To get outside and watch a story come to life, visit the field behind the Community Center and take a stroll through one of our **Story Walks**. Each features a seasonal story and a take-home craft. This winter we’ll present "**The Snowy Day**" (January 11-15), "**The Day it Rained Hearts**" (February 8 - 12) and "**The Tiny Seed**" (March 15 - 19).

We’re excited offer several other new programs this winter as well:

Project Wild! is a conservation and environmental education program that offers each week various hands-on activities to develop awareness, knowledge, skills and responsible behavior relating to wildlife and the environment.

Out of this World Etiquette . . . “In a Galaxy Far, Far Away” teaches mealtime manners – with a bit of Star Wars etiquette! Participants can come dressed as a favorite character and enjoy Star Wars themed cupcakes and Galaxy punch.

Semi-Private Lesson Gymnastics offers gymnastics lessons for a private pod of friends. Whether signing up with friends or individually, participants will take part in a private class limited to five or less children at a time. Students will be taught by a USA Gymnastics safety-certified coach and skills are introduced at each child’s developmental level.

My Favorite Games offers the perfect activities for young teens that need to burn some energy on the weekend. Participants will enjoy social interaction and physical activity in a safe environment. The class will focus on a different game each week, including dodgeball, ultimate (Frisbee), basketball, soccer, wiffle ball, kick ball and more.

Aging Gracefully will guide adults through different topics in the natural aging process, including osteoporosis, forward head posture, spinal range-of-motion, and balance. Class will consist of a lecture and yoga asana practice in four weekly lectures/videos, four yoga asana practices, and an information handout for each lecture. The series will be live via Zoom, but will also be recorded for those that might miss a class.

Again, please keep in mind that **program details may change as we continue to receive updated guidance from the State and from the County Department of Health** with regard to COVID-19 protocols. Our Pittsford Recreation Department team remains committed to providing fun and inspiring quality programming within whatever parameters we are given. Check the Town website or sign up for our weekly eNews at <http://www.townofpittsford.org/enews> for the most current updates.

As the winter weather necessitates we spend more time indoors, it may be tempting to relax your commitment to health and safety protocols. Please don't. We ask all our residents to continue following current requirements for physical distancing and mask use. Doing so will help keep us all safe and move us more quickly back to reopening our community fully, without restrictions.

We appreciate your patience and flexibility as we continue to follow COVID-19 protocols for our Recreation programs and for all of our Town services and facilities. Should you have questions or thoughts to share, please contact me at 248-6220, bsmith@townofpittsford.org, or Recreation Director Jessie Hollenbeck at 248-6284, jhollenbeck@townofpittsford.org. Stay safe and be well everyone!