

PITTSFORD RECREATION

specialty summer Camps

Specially Jummer Special Special Citizen Programming

Fall After school, Program



Registration Begins June 7th Online Registration Available www.townofpittsford.org

GENERAL INFORMATION

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PITTSFORD COMMUNITY CENTER HOURS -

35 LINCOLN AVE. • PITTSFORD, NY 14534

Monday-Thursday	8:00AM-9:00PM
Friday	8:00AM-6:00PM
Saturday	9:00AM-5:00PM
Sunday	CLOSED

PROGRAM INFORMATION - 248-6280

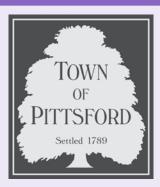
Pittsford Community Center rooms are available for community group meetings. Reservations must be made by a Pittsford resident 48 hours in advance at www.townofpittsford.org, click on "Facility Reservations" scrolling link and complete the reservation process. At this time residents are limited to one reservation per week.

The Pittsford Community Center is accessible to persons with disabilities.





COVID-19 Pandemic American Red Cross Blood Program Partner



RECREATION DEPARTMENT 585-248-6280

Jessie Hollenbeck	Director
Alison Burchett	Assistant Director
Kate Disbrow Christine Winter	Recreation Supervisors
Cassie Schrom	Recreation Leader
Dolores DeCoste	Senior Program Director

COMMUNITY CENTER STAFF

Allyson Bilow, Julie Donnelly, Nedda Howk, Bill Jabs, Ann Parker, Pat Rice, Jim Rice, Linda Steidle, David Sullivan

PARKS DEPARTMENT 585-248-6495

Jessica Neal General Foreman Corey Bresnan, Dale Burgess, Christopher Herbert, Brandon Meier, Mike Murphy Luke O'Dell, John Young

PITTSFORD TOWN BOARD

William A. Smith Jr	Supervisor	
Kate Bohne Munzinger	Deputy Supervisor	
Kevin S. Beckford, Cathy Koshykar		
Stephanie Townsend		

PARKS & RECREATION BOARD

Rick Taylor Chairperson
Kevin Beckford Town Board Liaison
Julie Donnelly Secretary to the Board
Jessie Hollenbeck Recreation Dept. Liaison
Members: Greg Riley, Lisa Stein, Ron Anderson, Pam Cooper-Vince, Shawn LeBlanc, Benjamin McCormick, John Reddington & Rachel Baker August

MESSAGE FROM THE TOWN OF PITTSFORD SUPERVISOR AND RECREATION DIRECTOR



William A. Smith Jr. Town Supervisor



Jessie R. Hollenbeck Recreation Director

Programs for Fun and Inspiration – and Summer Events Return!

We're still dealing with COVID-related regulations that affect Town operations and programs. Paying careful attention to these regulations, Pittsford's Recreation Department continues to offer a range of programs and activities that meet safety standards while providing much-needed activities, inspiration and fun for our residents.

You'll be glad to know that recent changes in State directives that limited public gatherings now make it possible to bring back some of our traditional summer events! These include:

Summer Concerts – we'll have a total of five concerts throughout June, July and August, held on Friday nights in Carpenter Park at the Port of Pittsford. Performances will feature Dixieland Jazz, Blues, Pops, an island steelband and a Beatles tribute band! Harladay Hots will be on-site as well, offering food for sale. Find details on page 4 or visit www.townofpittsford.org/summerconcertseries for a schedule and complete information.

Concerts for Kids – our two Wednesday evening concerts this summer will feature fun, kid-friendly music from two of our favorite performers: John Dady on July 21 and Mr. Loops on August 18. The Concerts for Kids will be held in a new location this year – in the field behind the Spiegel Pittsford Community Center. The KONA Ice truck and a food truck will be at each concert offering food and treats for sale. See full details at www.townofpittsford.org/kidsconcertseries.

Family Outdoor Movie Nights – we're back at Thornell Farm Park for a total of four family friendly movies to be shown on Friday nights throughout July and August. We'll have a food truck on-site each night with items available for sale. See page 4 for the schedule or visit www.townofpittsford.org/familyoutdoormovienights for complete information.

Our summer events offer a welcome opportunity to get outside and enjoy something new to do. Our recreation programs offer lots of new options this year too, as well as bringing back many of our traditional favorite summer programs. We have a range of health, fitness and sports activities for all ages. There are classes to learn a new skill or discover new information. We have programs offered in-person and those available online. There's something for everyone!

Summer Camp is always a favorite. This year our **specialty summer camps** include Dance Camp, Junior Tennis Camp, Youth Beginner Fencing Camp, A Horse's Friend Camp, Horseback Camp for Kidz, Sports Camp for Kids and Golf Camps.

Want to try one of our **new programs?** Get creative and try our at home **Clay Making Kits** to make a box, bowl or sculpture. Learn about the unique geology and history of Mendon Ponds Park via our **Fairchild Walking Tours.** For easy to follow moves with inspiring world rhythms, try **Zumba** - it's a high energy workout that feels more like a party. No dance ability is required to join in the fun!

We've planned for some outstanding summer events and recreation programs. We will be following all current CDC guidelines as we bring these activities to you. Please keep in mind all plans depend upon Federal, State and County COVID guidelines as they develop; dates, times and locations could be subject to change. **Check the Town website www.townofpittsford.org and our social media pages** (PittsfordRecreation, billsmithpittsford, and pittsfordtown1789 on Facebook) for current event updates. **Or subscribe to the Town's weekly eNews** at www.townofpittsford. org/enews.

As the weather gets warmer, it can be tempting to think we can forget about COVID-19 precautions. We can't. Many remain unvaccinated. The potential for spreading COVID-19 to those not yet protected is still a real threat. Please remember this and follow the current pandemic physical distancing and mask guidelines. Doing so will bring us closer to a time when we can all get back to activities and socializing as usual. We look forward to that day!

If you have questions or thoughts to share, please contact either of us: Town Supervisor Bill Smith at 248-6220, wsmith@ townofpittsford.org, or Recreation Director Jessie Hollenbeck at 248-6284, jhollenbeck@townofpittsford.org.



Like us on Facebook, Twitter and Instagram!

COMMUNITY EVENTS

Summer Concert Series

Concerts begin at 6:30pm

Gazebo at Carpenter Park at the Port of Pittsford

Concert parking is available at the Community Library Municipal lot on State Street

Harladay Hots is our concert series food vendor.

Bring your chairs and enjoy an exciting evening of great music and fun!

June 25 Smugtown Stompers July 9..... Teagan & Lou July 23 Alfred St. John's Trinidad & Tobago Steelband

August 6 Mr. Mustard

August 20 Pittsford Fire Department Band

Concerts for Kids Concerts begin at 6:30pm

Pittsford Community Center • 35 Lincoln Ave Come out for some great family friendly music and activities!

July 21:John Dady August 18:Mr. Loops

FRIDAY EVENINGS AT THORNELL FARM PARK MOVIES START AT DARK JOIN US OUTSIDE UNDER THE STARS AS WE SHOW FEATURE FILMS ON A GIANT INFLATABLE MOVIE SCREEN.

Make sure to bring your chairs, blankets & snacks.





SONIC THE HEDGEHOG (PG) JULY 30



SPIDER-MAN: INTO THE SPIDER-VERSE (PG) AUGUST 13



For the most current information please visit the town's Community Events webpage (http://townofpittsford.org/community-events). To receive the latest updates on all town happenings, sign up for the Town of Pittsford eNews at www.townofpittsford.org/enews.

COMMUNITY EVENTS

VILLAGA

EST 2014

FARMERS MARKET

COMEHO

Come participate in Outdoor Zumba with instructor Fernando Acevedo! Offered every Saturday at Noon during the Farmers Market! This FREE 55-minute program is suitable for all ages. Registration is not required.

Summer 2021 Saturdays 9am-1pm

Spiegel Pittsford Community Center July 10, 2021 - August 28, 2021



entry Autres shullest

Stop by the Pittsford Community Center to view the artwork featured in the "Paint Pittsford" art show! Artwork will be displayed from September 6-30. While you are here please take a moment to cast your vote for the Open Division winner.

For more information, or if you are interested in participating, please visit pittsfordfineart.com.





YOUTH SOCCER TUESDAYS 6:30-8:30pm

Summer soccer is a coed, noncompetitive recreational soccer program that focuses on improving fundamental skills and more importantly, having fun! *Volunteer Coaches are needed for this program*



SUMMER FUN DAY CAMP 2021



Pittsford Community Center Ages 3-5

Summer Fun Juniors provides an opportunity for 3-5 year olds to become familiar with our Summer Fun program in a smaller, half-day setting. The program is full of games, outdoor play, crafts and hands-on activities. Summer Fun Juniors is ideal for 5 year olds who will be entering Pre-K or Kindergarten in the fall who have yet to spend time in a half day or full day youth program. Children must be toilet trained in order to attend.

If space allows you may enroll your child for both Morning and Afternoon sessions. Please note care is not offered during the lunch hour (11:30AM-12:30PM).

SUMMER FUN JUNIORS MORNING

Activity	Dates	Times	Fee
310103-01	Jun 28-Jul 2	8:30-11:30AM	\$75
310103-03	Jul 6-9	8:30-11:30AM	\$60
310103-05	Jul 12-16	8:30-11:30AM	\$75
310103-07	Jul 19-23	8:30-11:30AM	\$75
310103-09	Jul 26-30	8:30-11:30AM	\$75
310103-11	Aug 2-6	8:30-11:30AM	\$75
310103-13	Aug 9-13	8:30-11:30AM	\$75
310103-15	Aug 16-20	8:30-11:30AM	\$75





SUMMER FUN JUNIORS AFTERNOON

Activity	Dates	Times	Fee
310103-02	Jun 28-Jul 2	12:30-3:30PM	\$75
310103-04	Jul 6-9	12:30-3:30PM	\$60
310103-06	Jul 12-16	12:30-3:30PM	\$75
310103-08	Jul 19-23	12:30-3:30PM	\$75
310103-10	Jul 26-30	12:30-3:30PM	\$75
310103-12	Aug 2-6	12:30-3:30PM	\$75
310103-14	Aug 9-13	12:30-3:30PM	\$75
310103-16	Aug 16-20	12:30-3:30PM	\$75



SUMMER FUN JUNIORS THEME WEEKS

Week 1	Aloha Summer
Week 2	Dinosaur Dig
Week 3	Mad Scientists
Week 4	Holiday Hooligans
Week 5	Dr. Seuss
Week 6	Under the Sea
Week 7	Bugs & Butterflies
Week 8	Animal Adventures

SUMMER FUN DAY CAMP 2021

SUMMER FUN!

Pittsford Community Center Ages 5-13

Summer Fun offers eight weeks of fun day programming for children ages 5-13 (5 year olds can participate in the Summer Fun program if they have completed Kindergarten. 5 year olds who have not completed Kindergarten may register for Summer Fun Juniors program on the previous page).

Programming includes outdoor playtime, indoor activities, arts & crafts, special events and theme days. Your child won't want to miss out on all the fun to be had this summer!

*If we are able to host camp at a second site, we will allow for a change of location at request.

SUMMER FUN

Activity	Dates	Times	Fee
310102-01	Jun 28-Jul 2	8:30-4:00PM	\$125
310102-02	Jul 6-9	8:30-4:00PM	\$100
310102-03	Jul 12-16	8:30-4:00PM	\$125
310102-04	Jul 19-23	8:30-4:00PM	\$125
310102-05	Jul 26-30	8:30-4:00PM	\$125
310102-06	Aug 2-6	8:30-4:00PM	\$125
310102-07	Aug 9-13	8:30-4:00PM	\$125
310102-08	Aug 16-20	8:30-4:00PM	\$125

SUMMER FUN THEME WEEKS

Week 1	Welcome Summer
WEER I	Welcome Summer
Week 2	Let's Go Camping
Week 3	Sailors & Pirates
Week 4	Holiday Hoopla
Week 5	Carnival Week
Week 6	Muck, Mess, & Mayhem
Week 7	Color Wars
Week 8	Safari Adventure

Summer Fun Day Camp is certified by the NYS Department of Health. Participants must provide current immunization records. A copy of these records must be hand-delivered on your child's first day of Summer Fun.

Pittsford Recreation will not accept records from previous years. Electronic copies will be accepted.



Adventure & Nature Camp! Recreation Staff, Instructor

Reg. No.	Day	Date	Time	Fee
311015-01	Mon-Thu	Aug 23-26	8:30AM-3:30PM	\$200
311015-02	Fri	Aug 27	8:30AM-3:30PM	\$50
Ages 10-14			Pittsford Commun	nity Center

Spend the last week of summer on exciting daily adventures and learning about nature! We will hike, kayak, bike, climb, and more. A complete itinerary of the week's events and adventures will be sent out to all registrants before the start of camp. Children should bring a snack, water bottle, and lunch to camp every day. Come experience the outdoors in a challenging, safe, and exciting way!

For questions or more information about Adventure & Nature Camp please contact Christine Winter at 248-6283 or via e-mail at cwinter@ townofpittsford.org.



PITTSFORD RECREATION SUMMER 2021 REGISTRATION FORM

HOUSEHOLD INFORMATION

NAME	NAME
PRIMARY GUARDIAN FIRST AND LAST NAME	SECONDARY GUARDIAN FIRST AND LAST NAME
ADDRESS	ADDRESS
HOME# WORK#	HOME# WORK#
EMAIL	EMAIL
EMERGENCY#CELL#	EMERGENCY# CELL#

NON-RESIDENT FEE: Participants living outside of the Town of Pittsford and the Pittsford School District are required to pay a \$5.00 per activity registration fee (per individual registrant). No fee is required for free programs. Programs offered are designed for residents of the Town of Pittsford and Pittsford School District. If class size allows, registrations from non-residents who have paid the non-resident fee will be accepted. Participants living outside of the Town of Pittsford and Pittsford and Pittsford School District may register to receive our program brochures by mail by contacting the Recreation Department. There is a \$3.00 fee charged for outside mailing. **REFUND POLICY:** Refunds are available, unless otherwise stated in the program description. All refund requests must be submitted to the Pittsford Recreation Department. If a program is canceled, total amount will be refunded. You may withdraw up to 7 calendar days prior to the start of a program; a refund will be granted with a **\$5 processing fee per person/per program** (certain programs may be nonrefundable or involve a portion of nonrefundable monies.) Within one week of a program's start date, or after a program has begun, only medical refunds will be granted. A doctor's written statement must accompany your request. Refund will be prorated based on the date of your notification to the Recreation Department. Absolutely no refunds will be granted after the program ends.

REGISTRATION TIPS: Programs that do not meet the minimum number of participants are subject to cancellation. Assume you are registered in the program unless the recreation department notifies you. Please remember that some of our programs fill quickly so please register early.

RELEASE: As part of my registration, or as a parent/guardian on behalf of a minor child, I recognize that programs involving physical activity have inherent risks of injury and/or damage and I assume all such risks, as well as the responsibility to be fully aware of the inherent risks associated with any program for which I register, before I begin participation. I also recognize my participation in a program may result in the transfer or transmission of an illness or disease, including but not limited to COVID-19, which could result in serious sickness and/or death. The Town and its employees will not be liable for injury, damage or illness that occurs as a result of such risks and I waive and release the Town and its employees from any such liability. I also grant full permission to the Town to use my name, photograph, videotape or recording for any publicity promotion purposes without obligation or liability.

DATE

SIGNATURE REQUIRED:

REGISTRANT (PARENT OR GUARDIAN IF UNDER 18)

Current Medical Conditions, Allergies, or Medications:

Special Accommodations? Yes, Please Indicate: _

Participant Name	Gender	Birt	thda	ate	Grade	Program Title		Activity Code					Fee			
T-Shirt Sizes YS AS AM	YM AL		'L XL		XL KXL	TOWN										- \$5.00 PLICABLE)
				OF PITTSFORD	Тс	ota	IA	mc	nu	nt:	\$_					
Please Make Checks Payable to	Town of Pit	tsford	1			the state of the state	*Mai	il-In F	Form	s to to	o 35	Linc	coln Ave., Pittsford NY 14534		ord NY 14534	
	(OFFICE USE ONLY)															
PAYMENT METHOD: CASH CHECK CARD vs mc dv RECEIPT #																
RESIDENT REGISTRATION BEGINS JUNE 7 NON-RESIDENT REGISTRATION BEGINS JUNE 14																

Register Online At: www.townofpittsford.org

PRESCHOOL

Pittsford Recreation Child Watch

CHILD WATCH SCHEDULE

Child Watch will be closed during the summer.

The program will resume this fall. Please check the fall 2021 recreation brochure for details and registration information.



For more information contact Christine at (585) 248-6283.

Preschool

Adventure & Art Mary Slaughter, Instructor

Reg. No.	Day	Date	Fee
310223-01	Wed	Jun 30-Aug 4	\$39
Ages 2-10		-	Online Program

Join Coach Mary and friends for a fun summer camp challenge and scavenger hunt right in your pocket! This class is an online series that connects kids virtually with other kids and everyone with the great outdoors! Hunt and seek different elements of nature and make a new "natural" artistic creation each week! Take a camera for photos or a backpack to collect "findings" while exploring! Then, submit your discoveries and project pics to our online Gallery of Adventurers! It's all about being active, creative and building a sense of wonder and accomplishment! Five great activities that are fun for kids ages 2-10 and, best of all, just one registration covers the whole household! Get outdoors with a purpose and get back so much more!

No class Jul 14

Athletics & Wellness

Wiggles, Giggles, and Jiggles

Lisa Magliato, Instructor

Reg. No.	Day	Date	Time	Fee
340398-01	Mon-Fri	Jul 26-30	10:00-11:00AM	\$69
340398-02	Mon-Fri	Aug 9-13	10:00-11:00AM	\$69
Ages 2-4 (wit	h caregiver)	5		PCC Gym

Fun movement activities, music, games, stories, scooters, ribbon dancing and more that promote the development of gross motor skills, following directions, decision making, self-confidence and social interaction for both child and caregiver. A great preschool and Kindergarten readiness class. Wear sneakers and bring water. An individual prepackaged, peanut free snack will be provided during story time. Note: Babies in front packs or car seats are welcome to attend.

Lil Athletes Lisa Magliato, Instructor

Reg. No.	Day	Date	Time	Fee
341298-01	Mon-Fri	Jul 26-30	11:15AM-12:00PM	\$69
341298-02 Ages 3 ½ -5	Mon-Fri	Aug 9-13	11:15AM-12:00PM	\$69 PCC Gym

Lil Athletes is a fun and positive introduction to sports of all sorts (tennis, soccer, basketball, and more). All games and activities promote the development of gross motor skills and encourage peer interaction in a safe and non-competitive environment. This is not a parent participation class, but parents are welcome to watch from the window above the gym. Please bring water and wear sneakers. Come join the team!

Summer Gymnastics

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	Fee
311296-01 Ages 3-5	Tue	Jul 6-Aug 17	3:45-4:15PM	\$89
311296-02 Ages 4-8	Tue	Jul 6-Aug 17	4:20-4:55PM	\$89
311296-03 Ages 5-10	Tue	Jul 6-Aug 17	5:00-5:35PM	\$89 PCC Rm 217

Summer is the perfect time to progress those hard-to-get skills and learn some new ones! Join Coach Mary, safety-certified former Head Coach, for fundamentals at every developmental level plus many crossover skills good for all sports! Get strong while upside down in handstands, jumping to vault over the stack-mats and holding yourself up on the floor bars! These smallercapacity classes offer unique summer fun and strengthening while following all safety protocols.

No class Jul 20 & 27



PRESCHOOL/YOUTH & TEEN

Soccer Shots for Youth Soccer Shots Staff, Instructor

Reg. No.	Day	Date	Time	Fee	
311254-01	Sat	Jul 10-Aug 28	9:30-10:00AM	\$115	
Age 2 (parent	must part	icipate with child)*			
311254-02	Sat	Jul 10-Aug 28	10:05-10: 50AM	\$115	
311254-03	Sat	Jul 10-Aug 28	11:00-11:45AM	\$115	
Ages 3-4		•	Hopkins Park Rectangle #1		

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is age appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents. **The 2 year old program requires one parent to participate with their child**.

Hopkins Park is located at 5 Barker Rd. at Mendon Center Rd. in Pittsford.

Baby Blades Ice Skating Pamela Warren, Instructor

Reg. No.	Day	Date	Time	Fee
311201-01	Wed	Jul 14-Aug 18	7:00-7:50PM	\$100
Ages 2-4		-		Village Sports

Introduce your baby to the ice! For itty bitty "Learn to Skaters," @ Village Sports is offering Baby Blades Ice Skating. The "Baby Blades" program is designed to get young children excited about being on the ice. Introduce your child to skating in a fun way! Kids get a chance to play on the ice and much more. An additional fee of \$17.25 per child for U.S. Figure Skating must be paid at your first class prior to skating.

Classes are divided into two 25-minute group sessions. There will be a 25-minute instructional period where the instructor will cover topics such as falling down, getting up, marching in place and moving, backward wiggles, stopping and more. The remaining 25 minutes will be designated for free-skate practicing and games with some assistance from helpers. Skaters should bring gloves, leggings, snow pants, and other warm clothes. Helmets are strongly recommended.

Village Sports is located at 2830 Baird Rd, Fairport, NY 14450.

Dance

Teeny Tiny Tap and Ballet

Jordan Wisset, Instructor	
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Reg. No.	Day	Date	Time	Fee
310410-01	Thu	Jul 8-Aug 19	12:45-1:30PM	\$77
Ages 2-3				PCC Rm 216

Have fun while learning the basic steps in tap and ballet personality songs and cute routines. Hair should be pulled back in a bun or ponytail. Tap and

ballet shoes are required. Friends and family are invited to attend the last class of the session for a special performance!



Tiny Tap and Ballet Jordan Wisset, Instructor

Reg. No.	Day	Date	Time	Fee
310424-01	Thu	Jul 8-Aug 19	1:45-2:30PM	\$77
Ages 4-6		-		PCC Rm 216

This class gives preschoolers an introduction to the world of tap and ballet. Have fun while learning basic steps, personality songs and cute routines. Hair should be pulled back in a bun or ponytail. Tap and ballet shoes are required. Friends and family are invited to attend the last class of the session for a special performance!

Irish Dance with Dunleavy

Amy Coppola TCRG, Instructor

Reg. No.	Day	Date	Time	Fee
Intro to Irish	Dance			
310432-01	Tue	Aug 3-24	4:15-5:00PM	\$48
Beginner 1		-		
310432-02	Mon	Jun 21-Aug 23	5:00-5:45PM	\$120
Beginner 1		·		
310432-03	Thu	Jun 24-Aug 26	4:15-5:00PM	\$120
Beginner 2		·		
310432-04	Fri	Jun 25-Aug 27	4:15-5:00PM	\$120
Ages 4-6		·		PCC Rm 216

Safe and socially distanced, Irish dance is the perfect way to stay active and healthy! Dancers should wear shorts, a t-shirt, and socks. Long hair should be pulled back in a ponytail or bun.

Intro to Irish Dance is perfect for anyone interested in trying out Irish dance for the first time. Parents are invited to our performance on the last day of class!

Dancers advance into Beginner 1/Beginner 2 to continue learning all the soft shoe dances. Parents are invited to our performance on the last day of class! No class Jul 5

Youth & Teen

The After School Program Recreation Staff

Reg. No.	Day	Date	Time	Fee
411401-01	Mon-Fri	Sep 9-Dec 23	3:00-6:00PM	\$304/month
Ages 5-13		•		PCC

Are you in need of a recreational after school program for your child to attend once the school day has ended? The After School Program provides a quality, fun and safe recreational environment for your child, ages 5-13. Participants will be placed into groups according to age and/or grade level. Activities include arts and crafts, free play, quiet time and playtime in our gym or outside on our playground. A daily snack is provided. The program is closed on school breaks and holidays, however it is open on school scheduled half days. Fun Camps and Fun Camp Days are available for children to attend on school breaks and holidays (registration and additional fees are required). Please contact Cassie Schrom at 248-6289 to discuss drop-in options or for more information regarding the program.

Program is closed: Sept 16, Oct 8 & 11, Nov 11, Nov 24-26

Healthful Mealtime Manners Etiquette Chics, Instructors

Reg. No.	Day	Date	Time	Fee
311419-01	Sat	Aug 7	1:00-2:00PM	\$18
Ages 6-12		•		PCC Rm 19

We will be covering mealtime manners/etiquette while serving up a healthy menu for those with and without food sensitivities. We will be serving a variety of fresh summer fruits, prepared by a local grocery store. We will also be using fun activities (napkin origami) and engaging leaning tools (& handing out prizes) to learn mealtime manners & more. All go home with a small favor and certificate of completion.

Mealtime Manners Reinvented!

Etiquette Chics, Instructors

Reg. No.	Day	Date	Time	Fee
311420-01	Fri	Jul 9	6:30-7:30PM	\$22
Ages 6-12				PCC Rm 19

Our Mealtime Manners class has been restructured to keep fun and learning abounding while staying mindful of health and safety guidelines. We will have interactive games & activities with lots of learning & fun with prizes to hand out! Our very popular napkin folding (napkin origami) is one of our class highlights. We will be serving food to practice mealtime manners with a variety of precut fresh fruits prepackage from a local grocery store. And, we will serve a specialty dessert (cupcakes) as well! Everyone takes home a favor. All leave with a certificate of completion.

How Cool is That? Jr. Engineering for Kids Tutor Doctor Staff

Reg. No.	Day	Date	Time	Fee
311410-01	Mon-Fri	Aug 23-27	9:00AM-12:00PM	\$195
Ages 5-9				PCC Rm 204

Inspire your young scientists and engineers to embrace the Math and Science concepts they are learning in school. Our 100% hands-on approach empowers kids to be creative and to think critically while building machines that work. Best of all, we only use readily available materials, so kids can take our projects home and expand upon what they learned in class.

Forensic Science & CSI for Kids Tutor Doctor Staff

Reg. No.	Day	Date	Time	Fee
311411-01	Mon-Fri	Aug 23-27	12:30-3:30PM	\$195
Ages 10-14		-		PCC Rm 204

Do you have a junior detective who's curious to learn if crime scene investigation is anything like what's portrayed in the movies or on television? This exciting new workshop is designed to introduce kids to the basics of forensic science and crime scene investigation. Each week-long session is a hands-on workshop in which students will learn while solving mysteries.



Like us on Facebook, Twitter and Instagram!

Adventure & Nature Camp

Recreation Staff, Instructor

Reg. No.	Day	Date	Time	Fee
311015-01	Mon-Thu	Aug 23-26	8:30AM-3:30PM	\$200
311015-02	Fri	Aug 27	8:30AM-3:30PM	\$50
Ages 10-14		-		PCC Rm 19

Spend the last week of summer on exciting daily adventures and learning about nature! We will hike, kayak, bike, climb, and more. A complete itinerary of the week's events and adventures will be sent out to all registrants before the start of camp. Children should bring a snack, water bottle, and lunch to camp every day. Come experience the outdoors in a challenging, safe, and exciting way!

For questions or more information about Adventure & Nature Camp please contact Christine Winter at 248-6283 or via e-mail at cwinter@ townofpittsford.org.

Geocaching 101

Christine Winter, Instructor

Reg. No.	Day	Date	Time	Fee
311025-01	Wed	Jul 14-Jul 28	6:00PM-8:00PM	\$24
Ages 16 &up			PCC Rm 204 & Vari	ous Parks

This program introduces participants to the fun recreational game of Geocaching! Join us to learn all about Geocaching and explore a different park in the area! The first class on Wednesday, July 14th will be held classroom style at the Pittsford Community Center – Room 204. It is recommended that all participants have access to a smartphone, tablet, or iPad in order to utilize the FREE Geocaching application. Outdoor classes will run RAIN or SHINE! Please dress for the weather, wear sneakers, and bring a water bottle!



Kids Kayak Level 1 Paul Twist, Instructor

Reg. No.	Day	Date	Time	Fee
311013-01	Mon-Fri	Jun 28-Jul 2	9:00AM-12:00PM	\$275
311013-02	Mon-Fri	Jun 28-Jul 2	1:00-4:00PM	\$275
311013-03	Mon-Fri	Jul 5-9	9:00AM-12:00PM	\$275
311013-04	Mon-Fri	Jul 5-9	1:00-4:00PM	\$275
311013-05	Mon-Fri	Jul 12-16	9:00AM- 12:00PM	\$275
311013-06	Mon-Fri	Jul 12-16	1:00- 4:00PM	\$275
311013-07	Mon-Fri	Jul 19-Jul 23	9:00AM-12:00PM	\$275
311013-08	Mon-Fri	Jul 19-Jul 23	1:00-4:00PM	\$275
311013-09	Mon-Fri	Jul 26-Jul 30	9:00AM-12:00PM	\$275
311013-10	Mon-Fri	Jul 26-Jul 30	1:00-4:00PM	\$275
311013-11	Mon-Fri	Aug 2-6	9:00AM-12:00PM	\$275
311013-12	Mon-Fri	Aug 2-6	1:00-4:00PM	\$275
311013-13	Mon-Fri	Aug 9-13	9:00AM-12:00PM	\$275
311013-14	Mon-Fri	Aug 9-13	1:00-4:00PM	\$275
311013-15	Mon-Fri	Aug 16-20	9:00AM-12:00PM	\$275
311013-16	Mon-Fri	Aug 16-20	1:00-4:00PM	\$275
311013-17	Mon-Fri	Aug 23-27	9:00AM-12:00PM	\$275
311013-18	Mon-Fri	Aug 23-27	1:00-4:00PM	\$275
311013-19	Mon-Fri	Aug 30-Sep 3	9:00AM-12:00PM	\$275
311013-20	Mon-Fri	Aug 30-Sep 3	1:00-4:00PM	\$275
Ages 10-18		-	Lock 32 White	water Park

We invite your child to join us for a wet and wild adventure at Lock 32 on the Erie Canal! Our elite instructors will teach your child how to maneuver their kayak while providing a fun and safe experience on the water. This program incorporates many fun activities, including swimming the rapids, a multitude of water games, and other exciting team building exercises. There is no better way to build a strong kayaking foundation and enjoy fun in the sun than with "Kids Kayaking Level 1". No kayaking experience needed. All necessary equipment is included, but feel free to bring your own whitewater boat and equipment.

Lock 32 Whitewater Park is located at 2797 Clover St in Pittsford.

Introduction to Standup Paddle Boarding Paul Twist, Instructor

Reg. No.	Day	Date	Time	Fee	
321011-01	Fri	Jun 9	5:00-7:00PM	\$65	
321011-02	Fri	Jul 9	5:00-7:00PM	\$65	
321011-03	Fri	Aug 13	5:00-7:00PM	\$65	
321011-04	Fri	Sept 10	5:00-7:00PM	\$65	
Ages 10 & up			Lock 32 Whitewater Park		

Lock 32's Intro to SUP course is a great way to explore the popular sport of stand-up paddle boarding. Intro to SUP offers you an exciting mixture of nature, fitness, and fun all wrapped up in one. Our skilled instructors will teach you the fundamentals of stand-up paddling and the skills needed to be safe, comfortable, and have fun on the water! You'll learn all the basic paddle strokes and fundamental skills such as getting on and off the board, standing up, and maneuvering techniques. So let us at Lock 32 help you build a strong foundation that will begin a lifetime of stand-up paddle boarding adventures! No experience needed. All necessary equipment is included, but feel free to bring your own equipment if desired.

Lock 32 Whitewater Park is located at 2797 Clover St in Pittsford.

Introduction to Whitewater Kayaking Paul Twist, Instructor

Reg. No.	Day	Date	Time	Fee
321008-01	Sat	Jun 12	10:00AM-4:00PM	\$160
321008-02	Sat	Jun 26	10:00AM-4:00PM	\$160
321008-03	Sat	Jul 17	10:00AM-4:00PM	\$160
321008-04	Sat	Jul 31	10:00AM-4:00PM	\$160
321008-05	Sat	Aug 14	10:00AM-4:00PM	\$160
321008-06	Sat	Aug 28	10:00AM-4:00PM	\$160
321008-07	Tue & Thu	Sep 7-9	5:00-8:00PM	\$160
321008-08	Tue & Thu	Sep 21-23	5:00-8:00PM	\$160
Ages 10 & up			Lock 32 Whitewater Park	

Have you ever dreamed of experiencing the thrill of paddling your own kayak down a river's rapid, feeling the adrenaline as the waves splash all around? If so, let our instructors at Lock 32 introduce you to the world of whitewater kayaking. You will first start on flat water, learning all the necessary skills to advance to our whitewater course. When you advance, you will experience the thrill and excitement of navigating your kayak through Lock 32's fun and challenging rapids, all while learning on New York's most exciting man-made whitewater park. No kayaking experience needed. All necessary equipment is included, but feel free to bring your own whitewater boat and equipment.

Lock 32 Whitewater Park is located at 2797 Clover St in Pittsford.

Introduction to Flatwater Kayaking Paul Twist, Instructor

Reg. No.	Day	Date	Time	Fee
341011-01	Thu	Jun 24	5:00-7:00PM	\$65
341011-02	Thu	Jul 29	5:00-7:00PM	\$65
341011-03	Thu	Aug 26	5:00-7:00PM	\$65
341011-04	Thu	Sep 9	5:00-7:00PM	\$65
Ages 10 & up			Lock 32 Whitewater Park	

Flatwater kayaks are amazing boats well-suited to exploring everything from calm lakes and rivers to remote coastlines. Our course is designed for both the casual paddler and people who are interested in kayak touring. Lock 32 instructors will introduce you to proper technique and safety skills required for you to enjoy your future kayaking adventures. This program begins at the Lock 32 Whitewater Park and is held on the adjacent Erie Canal. From there, we will tour a stretch of the Canal and one of the many historic turning basins. Our low (1:5) instructor to student ratio ensures that you will get the personal attention that you deserve. So let us at Lock 32 help you build a strong foundation that will begin a lifetime of kayaking adventures. No kayaking experience needed. All necessary equipment is included, but feel free to bring your own flatwater boat and equipment.

Lock 32 Whitewater Park is located at 2797 Clover St in Pittsford.



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\$42

Arts, Crafts & Cooking

At Home Clay Making Kit Marybeth Fitzsimmons, Instructor

Reg. No. 320226-01 In-Person Pick-Up at PCC (35 Lincoln Ave) All Ages

Create with real clay to make a box, a bowl, or a sculpture! Use techniques such as coiling, pinching, and slab to make your own masterpiece. Experiment with texture using items found in or around your home! You will be able to add a lid, handle, or even feet to your own creation! The kit includes four (4) pounds of clay, tools, and cardboard. Please pick up your kit during the week of Jul 2-Jul 9. Instructions for how to have your piece fired in the kiln: Completed projects must be returned to PCC on Wednesday, July 28th for firing in the klin. Finished projects will be returned to the PCC for pick-up during the week of Aug 20-Aug 27.

Make Your Own Cartoons!

Matt Smeltzer, Instructor

Reg. No.	Day	Date	Time	Fee
310204-01	Sat	Jun 26 & Jul 10	10:00AM-12:00PM	\$49
Ages 7-12				PCC Rm 19

Why watch cartoons when you can make them? Would you like a chance to see your drawings come to life? In this class young artists will create and design their own characters, animate them, and see them come to life. The instructor will record the animation to a DVD and on the last day present with music for all to enjoy. What an opportunity to experience the joy of animation while learning from an award winning animator. Please bring two #2 well-sharpened pencils with good erasers.

Cupcake Creations

Anette Messer, Instructor

Reg. No.	Day	Date	Time	Fee
311426-01	Tue	Jul 13	6:00-7:45PM	\$20
311426-02	Tue	Aug 17	6:00-7:45PM	\$20
Ages 8-14				PCC Rm 107

Learn to decorate cupcakes using simple piping techniques, molding Fondant and using fun ingredients. We will decorate 4 cupcakes for you to bring home and show off (and eat, of course!). Our class will end with a snack. What else? A cupcake! Don't miss the fun! Bring a box to take your creations home in. Each class will highlight a different theme.



Doll Adventures

Sherry Murray	r, Instructor	r		
Reg. No.	Day	Date	Time	Fee
Let's Grow a G	iarden			
311315-01	Mon	Jul 12	6:00-7:15PM	\$20
Back to Schoo				
311315-02	Mon	Aug 16	6:00-7:15PM	\$20
Ages 6-14 wit	h an adult	-		PCC Rm 19

Creative classes for kids to make custom accessories for their dolls. (Any doll 18" or smaller is welcome.) Please bring a sharp pair of scissors to class.

Let's Grow a Garden: We will make our own garden, complete with "plantable" fruits and vegetables, and tile bird bath to place nearby.

Back to School: In this class, we will decorate a classroom backdrop and make a school bag filled with accessories for our doll to be ready for the first day of school.

Please visit the instructor's website for more information:

www.dolladventuresroc.weebly.com.

Adventure & Art

Mary Slaughter, Instructor

Reg. No.	Day	Date	Fee
310223-01	Wed	Jun 30-Aug 4	\$39
Ages 2-10		•	Online Program

Join Coach Mary and friends for a fun summer camp challenge and scavenger hunt right in your pocket! This class is an online series that connects kids virtually with other kids and everyone with the great outdoors! Hunt and seek different elements of nature and make a new "natural" artistic creation each week! Take a camera for photos or a backpack to collect "findings" while exploring! Then, submit your discoveries and project pics to our online Gallery of Adventurers! It's all about being active, creative and building a sense of wonder and accomplishment! Five great activities that are fun for kids ages 2-10 and best of all just one registration covers the whole household! Get outdoors with a purpose and get back so much more! No class Jul 14



Music & Theatre

•	_			
Summer '	Theater	Camps		
Bravo! Creative	e Arts: Edwa	rd Rocha, Instruct	or	<u>Reg. No.</u>
Day	Date	Time		Fee
<u>CINDERELLA</u> 310515-01	Mon-Fri	Jun 28-Jul 2	9:00AM-3:30PM	\$150
<u>CINDERELLA (E</u>	XTENDED D			
310515-02	Mon-Fri	Jun 28-Jul 2	8:00AM-5:00PM	\$230
<u>RAPUNZEL</u> 310515-03	Mon-Fri	Jul 5-9	9:00AM-3:30PM	\$150
RAPUNZEL (EX				
310515-04	Mon-Fri	Jul 5-9	8:00AM-5:00PM	\$230
PRESS START				
310515-05	Mon-Fri	Jul 12-16	9:00AM-3:30PM	\$150
<u>PRESS START (E</u>	EXTENDED D	AY)		
310515-06	Mon-Fri	Jul 12-16	8:00AM-5:00PM	\$230
HAMILTON THE	ME WEEK			
310515-07	Mon-Fri	Jul 19-23	9:00AM-3:30PM	\$150
HAMILTON THE	ME WEEK (I	<u>EXTENDED DAY)</u>		
310515-08	Mon-Fri	Jul 19-23	8:00AM-5:00PM	\$230
THE MOST EPIC	BIRTHDAY	PARTY EVER		
310515-09	Mon-Fri	Jul 26-30	9:00AM-3:30PM	\$150
THE MOST EPIC	BIRTHDAY	PARTY EVER (EXTE	NDED DAY)	
310515-10	Mon-Fri	Jul 26-30	8:00AM-5:00PM	\$230
MIRROR, MIRR	OR ON THE	WALL		
310515-11	Mon-Fri	Aug 2-6	9:00AM-3:30PM	\$150
<u>MIRROR, MIRF</u>	ROR ON THE	WALL(EXTENDE	<u>D DAY)</u>	
310515-12	Mon-Fri	Aug 2-6	8:00AM-5:00PM	\$230
SPACE PIRATES	-			
310515-13	Mon-Fri	Aug 9-13	9:00AM-3:30PM	\$150
SPACE PIRATES	•			
310515-14	Mon-Fri	Aug 9-13	8:00AM-5:00PM	\$230
BOTS				****
310515-15	Mon-Fri	Aug 16-20	9:00AM-3:30PM	\$150
BOTS (EXTEND		Aug 1/ 00	0.00414 5.00014	¢000
310515-16	Mon-Fri	Aug 16-20	8:00AM-5:00PM	\$230
<u>HIGH SCHOOL</u> 310515-17			9:00AM-3:30PM	\$150
	Mon-Fri	Aug 23-27	9.00AIVI-3.30FIVI	\$120
<u>HIGH SCHOOL</u> 310515-18	MOSICAL (E. Mon-Fri		8:00AM-5:00PM	\$230
		Aug 23-27	0.00AWFJ.00FW	⊅ 230
<u>TEEN BEACH M</u> 310515-19	Mon-Fri	Aug 30-Sep 3	9:00AM-3:30PM	\$150
		E WEEK (EXTENDE		φ1 5 0
<u>110515-20</u>	Mon-Fri	Aug 30-Sep 3	8:00AM-5:00PM	\$230
Ages 5-14		Aug ou Jop J	Perinton Comm	
-	fun is int Se	and your kids to a	camp that includes in	•

School is out, fun is in! Send your kids to a camp that includes instruction in acting, singing, dance & more. The camp ends in an outdoor performance on Friday afternoon for family, friends, and the community. Campers who also enjoy creating sets, props and costumes will do so throughout the day! Campers must pack a lunch, 2 snacks, water bottle and sunscreen. Wear loose fitting clothes and shoes you can move in.

<u>**Cinderella**</u>. Throw out your fairy tale ideas of a Cinderella with dainty glass slippers and hideous stepsisters – this unique and hilarious adaptation has a new twist!

<u>Rapunzel</u>. Get ready for some high adventure! Rapunzel escapes from her tower to explore the outside world she has been dreaming about. In doing so, she meets many new friends and learns that there is far more beyond the tower walls than what she had even imagined.

<u>**Press Start-</u>** Welcome to the bright, pixelated world of video games. When the famous characters we know and love run out of lives, they decide to put on a musical fundraiser that will help them raise gold rings and play on!</u>

<u>Hamilton Theme Week-</u> Don't miss your shot to sing some of the wellknown songs and work on dance choreography based on selections from *Hamilton*.

The Most Epic Birthday Party Ever-Skyler and her older brother Charlie have never gotten along. But during Skyler's mysterious 12th birthday party, their rivalry reaches EPIC proportions.

<u>Mirror, Mirror on the wall...</u> In this hilarious play, Snow White is more than just a pretty face. It is Snow White's brains that make the Queen jealous and inspire the Queen's comic efforts to ensure that the Queen be deemed the "cleverest one of all."

Space Pirates- Pirates! Aliens! Space Travel! This is a story about Gabby, a kid who gets picked on for being smart. It's only after going on a whirlwind space adventure with her classmates that she truly becomes comfortable in her own skin.

BOTS- This STEM musical invites you into the exciting world of robotics competitions, where teams and their (singing and dancing) robots are all vying for the top prize!

<u>High School Musical Theme Week-</u> Join us for a fun and exciting week as campers learn to sing some of the well-known songs and work on dance choreography based on selections from the High School Musical Movies.

<u>Teen Beach Movie Theme Week-</u> As the Summer wraps up, what better way to celebrate than throwing an end of Summer Beach Bash! Campers will learn to sing some of the well-known songs and work on dance choreography based on selections from the *Teen Beach Movies*.

The Perinton Community Center is located at 1350 Turk Hill Road in Fairport.

Private Piano Lessons

Beth Werner, Instructor

Reg. No.	Day	Date	Time	Fee
340501-01	Wed	Jun 23-Aug 11	2:00-2:30PM	\$180
340501-02	Wed	Jun 23-Aug 11	2:30-3:00PM	\$180
340501-03	Wed	Jun 23-Aug 11	3:00-3:30PM	\$180
340501-04	Wed	Jun 23-Aug 11	3:30-4:00PM	\$180
340501-05	Wed	Jun 23-Aug 11	4:00-4:30PM	\$180
340501-06	Wed	Jun 23-Aug 11	4:30-5:00PM	\$180
340501-07	Wed	Jun 23-Aug 11	5:00-5:30PM	\$180
340501-08	Wed	Jun 23-Aug 11	5:30-6:00PM	\$180
340501-09	Wed	Jun 23-Aug 11	6:00-6:30PM	\$180
340501-10	Wed	Jun 23-Aug 11	6:30-7:00PM	\$180
340501-11	Wed	Jun 23-Aug 11	7:00-7:30PM	\$180
340501-12	Wed	Jun 23-Aug 11	7:30-8:00PM	\$180
Ages 5 & up		-		PCC Rm 113

An experienced and fun teacher will instruct on how to begin enjoying playing the piano. You will learn the basics of piano and music theory. Each student will progress as far as they are able during the 8-week session.

NIEWA

Education

Write Your College Application Essay Sarah Nazarian, Instructor, Mendon HS English teacher

Reg. No.	Day	Date	Time	Fee
310934-01	Mon-Fri	Jun 28-Jul 2	1:00-3:00PM	\$250
310934-02	Mon-Fri	Jul 12-Jul 16	1:00-3:00PM	\$250
310934-03	Mon-Fri	Jul 19-Jul 23	1:00-3:00PM	\$250
310934-04	Mon-Fri	Jul 26-Jul 30	1:00-3:00PM	\$250
310934-05	Mon-Fri	Aug 2-Aug 6	1:00-3:00PM	\$250
Ages 16-18 (r	ising high sc	hool senior)	Zoom – On	line Learning

Every high school senior will write an essay for college applicationssometimes more than one. In this course, we will discuss what colleges expect from student essays, look at model essays, study the Common Application, and talk about the application process in general. The primary focus of the class, however, is writing the application essay. Students will also have oneto-one conferences with the teacher during class and draft essays will be carefully reviewed multiple times. By the end of the week, each student will complete at least one application essay. **Students must be entering their Senior year in the 2021-2022 school year to enroll in this program.**

Drama Therapy

Terika Harrell,	, Instructo	r		INEVV
Reg. No.	Day	Date	Time	Fee
311432-01	Sat	Jun 26-Aug 21	12:00-1:00PM	\$60
Ages 6 - 12		J		PCC Rm 206

Children experience challenges with social skills, and cooperating with others, as well as expressing themselves verbally. Drama therapy incorporates the use of theater to allow for non-verbal expression, which is useful for children of all ages and abilities.

Children are natural storytellers and they love to play and re-enact their favorite characters or superheroes. This program allows participants to do just that while learning skills that they can bring into any area of life!

No class Jul 3

American Red Cross - Babysitter's Training Domenic Danesi, American Red Cross Instructor

Reg. No.	Day	Date	Time	Fee
311405-01	Sat	Jul 17	9:00AM-3:00PM	\$95
Ages 11-15				PCC Rm 204

This course is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Each student will receive an American Red Cross Babysitter's Kit and a certificate stating they successfully completed the program. Students are required to provide an email address that certificates can be sent to. Please bring a brown bag lunch.





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Safety First for Children

Domenic Danesi, American Red Cross Instructor

Reg. No.	Day	Date	Time	Fee
311406-01	Sat	Jul 17	3:30-5:00PM	\$30
Ages 8-12				PCC Rm 204

This program equips children ages 8-12 with the knowledge about home alone safety and accident prevention. Participants will learn how to answer the phone and front door safely, basic first aid, become aware of potential household hazards, and much more. Participants will go home with a house rules sheet to complete with their family. Participants will role play strangerdanger scenarios to learn how to stay safe. The program will end with a 15minute question and answer period to ensure each child leaves knowing what to do to stay safe!

First Aid for Kids

EPIC Trainings, Instructor

Reg. No.	Day	Date	Time	Fee
311416-01	Wed	Jul 21	5:00-6:30PM	\$20
Ages 8-14				PCC Rm 207

This course teaches 8-14 year olds the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains and breaks and treatment for heat and cold emergencies. To help participants better understand common medical conditions that their friends may suffer from, we will also cover the following: food allergies, diabetes, seizures and asthma. This course helps meet requirements for many boy/girl scout badges.

TEEN Journey Joanne Cercone, Instructor

Reg. No.	Day	Date	Time	Fee
310922-01	Sat	Jul 10	9:00AM-12:00PM	\$45
Ages 13-18				PCC Rm 107

The TEEN Journey seminars will include some of the following topics and are customized to the individual audiences. Topics may include: healthy food choices, building self-confidence, resisting peer pressure, basic makeup application, public speaking, dining ettiquitte, clothing choices, and basic interview skills. Questions? Contact the instructor at (585) 749-1591.

"Investing in our future...one TEEN at a time!"

Joanne is a motivational public speaker, pediatric nurse, professional model/ on-air talent, fashion consultant, published writer, and show event producer/ director.

www.joannecerconeproductions.com.

Dance

Pittsford Ballet School

Karen Hansor	n, Instructor		Jun 28-Aug 23
Reg. No.			Fee
340402-01	1 class/week	1.5 hr class	\$108
340402-02	2 classes/week	1.5 hr class	\$212
340402-03	3 classes/week	1.5 hr class	\$312
340402-04	4 classes/week	1.5 hr class	\$408
340402-05	5 classes/week	1.5 hr class	\$500
340402-06	1 class/week-pointe	.5 hr class	\$32
340402-07	2 classes/week-pointe	.5 hr class	\$64
340402-08	Single class	1.5 hr class	\$16
340402-09	Single pointe class	.5 hr class	\$6
Mon	Intermediate	8:00-9:30PM	Ages 14 & Up
Mon	Advanced Beginner	10:00-11:30AM	Ages 9 & Up
Tue	Intermediate Advanced	10:00-11:30AM	Ages 12 & Up
Tue	Pointe	11:30AM-12:00PM	Ages 12 & Up
Wed	Advanced Beginner	10:00-11:30AM	Ages 9 & Up
Thu	Intermediate/Advanced	10:00-11:30AM	Ages 12 & Up
Thu	Pointe	11:30AM-12:00PM	Ages 12 & Up
Fri	Intermediate	10:00-11:30AM	Ages 12 & Up
			PCC Rm 218

Registrants must provide plain black leotards, pink tights, pink ballet slippers, and have hair pinned up securely. Recommend youth Adv/Beg enroll in 2 classes/week (unless provisions are made with the instructor.) Pointe may be taken with permission of instructor.

Masks must be worn during class.

--Advanced Beginner: minimum 1 year training

--Intermediate: minimum 3 yrs training

--Advanced: minimum 5 yrs training

No class Jul 5

Dance Camp

Katie Elizabeth, Instructor

Reg. No.	Day	Date	Time	Fee
Full Day Camp 310450-01	Mon-Fri	Aug 23-27	9:00AM-3:00PM	\$185
Half Day Camp 310450-02) Mon-Fri	Aug 23-27	9:00AM-12:00PM	\$120
310450-03 Ages 4-8	Mon-Fri	Aug 23-27	12:00-3:00PM PCC Rm 215, 2	\$120 16 & 217

A 5 day dance camp offering all styles of dance including ballet, jazz, tap, contemporary, salsa, hip hop and much more. The children will have chance to dance, make crafts and perform in a dance show on the last day. Suitable for all abilities beginner-advanced. Dance wear is encouraged for all camps.



Like us on Facebook, Twitter and Instagram!

Irish Dance with Dunleavy

Amy Coppola TCRG, Instructor

Reg. No.	Day	Date	Time	Fee
Intro to Irish D	ance			
310432-01	Tue	Aug 3-24	4:15-5:00PM	\$48
Beginner 1		•		
310432-02	Mon	Jun 21-Aug 23	5:00-5:45PM	\$120
Beginner 1		-		
310432-03	Thu	Jun 24-Aug 26	4:15-5:00PM	\$120
Beginner 2		-		
310432-04	Fri	Jun 25-Aug 27	4:15-5:00PM	\$120
Ages 4-6		-		
-				
Intro to Irish D	ance			
310432-05	Tue	Aug 3-24	5:00-6:00PM	\$60
Beginner 1		j -		
310432-06	Mon	Jun 21-Aug 23	5:45-6:45PM	\$150
Beginner 1		5		
310432-07	Thu	Jun 24-Aug 26	5:00-6:00PM	\$150
Advanced Beg	inner	•		
310432-08	Fri	Jun 25-Aug 27	5:00-6:00PM	\$150
Advanced Beg	inner	-		
310432-09	Wed	Jun 23-Aug 25	5:00-6:00PM	\$150
Novice		-		
310432-10	Tue	Jun 22-Aug 24	6:00-7:00PM	\$150
Novice		-		
310432-11	Thu	Jun 24-Aug 26	6:00-7:00PM	\$150
Champ		-		
310432-12	Tue	Jun 22-Aug 24	7:00-8:30PM	\$150
Champ		-		
310432-13	Thu	Jun 24-Aug 26	7:00-8:30PM	\$150
Ages 7-14				PCC Rm 216

Safe and socially distanced, Irish dance is the perfect way to stay active and healthy! Dancers should wear shorts, a t-shirt, and socks. Long hair should be pulled back in a ponytail or bun.

Intro to Irish Dance is perfect for anyone interested in trying out Irish dance for the first time. Parents are invited to our performance on the last day of class!

Dancers advance into Beginner 1/Beginner 2 to continue learning all the soft shoe dances. Parents are invited to our performance on the last day of class!

Advanced Beginner, Novice and Championship classes will master both soft and hard shoe dances. Dancers must receive permission from the instructor to register.

No class Jul 5



Athletics & Wellness

FIT Kids: Fencers in Training (PRE)

Rochester Fencing Club Staff, Instructor

Reg. No.	Day	Date	Time	Fee
311203-01	Sat	Jul 10-31	9:15-10:00AM	\$52
Ages 4-7			Rochester Fe	encing Club

Come play pirate and other fun games in this safe introduction to the sport of fencing. Start with warm up, obstacle courses, and skill building activities to develop focus, agility, balance and hand-eye coordination. Children experience the thrill of swordplay in the context of a structured class and build self-confidence using specialized plastic foils, chest plates, and masks. Geared for the short attention span of little ones. Sneakers required.

Due to USA Fencing regulations, we must register all participants with USA Fencing. Please bring \$10 to your first class if you need to be registered with USA Fencing. Please contact us at info@rocfencing.com if you have questions.

Rochester Fencing Club is located at 3335 Brighton Henrietta Town Line Rd. in Henrietta.

Youth Beginner Fencing Camp Rochester Fencing Club Staff, Instructor				NEW
Reg. No.	Day	Date	Time	Fee
341203-01	Mon-Fri	Jul 5-9	9:00AM-12:00PM	\$200
341203-02	Mon-Fri	Jul 12-16	9:00AM-12:00PM	\$200
341203-03	Mon-Fri	Jul 19-23	9:00AM-12:00PM	\$200
341203-04	Mon-Fri	Jul 26-30	9:00AM-12:00PM	\$200
341203-05	Mon-Fri	Aug 2-6	9:00AM-12:00PM	\$200
341203-06	Mon-Fri	Aug 9-13	9:00AM-12:00PM	\$200
341203-07	Mon-Fri	Aug 16-20	9:00AM-12:00PM	\$200
Ages 8-14		-	Rochester F	encing Club

Does your child like to pretend to play with lightsabers or swords? Then come try the Olympic sport of fencing where they can experience the thrill of swordplay in a safe environment! Children will get a great physical and mental workout while mastering the basic footwork and tactics through fun games and exercises. All fencing equipment will be provided. Sneakers required.

Due to USA Fencing regulations, we must register all participants with USA Fencing. Please bring \$10 to your first class if you need to be registered with USA Fencing. Please contact us at info@rocfencing.com if you have questions.

Rochester Fencing Club is located at 3335 Brighton-Henrietta Town Line Rd. in Henrietta.



Fee	311244-03	Mon-Thu
\$52	311244-04	Mon-Thu
ster Fencing Club	311244-05	Mon-Thu
3		

Reg. No.

311244-01

311244-02

Jul 26-29 9:00-10:30AM 9:00-10:30AM 311244-06 Mon-Thu Aug 2-5 311244-07 Mon-Thu Aug 9-12 9:00-10:30AM 311244-08 Mon-Thu 9:00-10:30AM Aug 16-19 311244-09 Mon-Thu Aug 23-26 9:00-10:30AM Ages 7-18 **Mendon Racquet Club**

Date

Jul 5-8

Jul 12-15

Jul 19-22

Jun 28-Jul 1

<u>Time</u>

9:00-10:30AM

9:00-10:30AM

9:00-10:30AM

9:00-10:30AM

Fee

\$120

\$120

\$120

\$120

\$120

\$120

\$120

\$120

\$120

This concentrated tennis program is committed to the development of junior tennis for beginners, advanced beginners, intermediates and advanced players. Classes are designed so that each player receives individual attention based on his or her natural style. Each student is encouraged to reach their greatest potential by participating in competitive drills designed to teach students instinctive reactions to the ball. Match play skills are developed to prepare the player for junior varsity/varsity school tennis teams.

Mendon Racquet Club is located at 80 Topspin Drive in Pittsford.

Junior Tennis Lessons

Junior Tennis Camp

Day

Mon-Thu

Mon-Thu

Jeff Wagstaff, Instructor

Jason Speirs, Instructor

Reg. No.	Day	Date	Time	Fee
341211-01	Thu	Jul 8-29	5:00-6:00PM	\$72
341211-02 Ages 5-8	Thu	Aug 5-26	5:00-6:00PM	\$72
341211-03	Wed	Jul 7- 28	4:00-5:00PM	\$72
341211-04	Thu	Jul 8-29	6:00-7:00PM	\$72
341211-05	Wed	Aug 4- 25	4:00-5:00PM	\$72
341211-06	Thu	Aug 5-26	6:00-7:00PM	\$72
Ages 9-10		•		
341211-07	Mon-Fri	Jul 19-23	1:00-3:00PM	\$255
341211-08	Mon-Fri	Jul 26-30	1:00-3:00PM	\$255
Ages 9-13				
341211-09	Wed	Jul 7- 28	5:00-6:30PM	\$120
341211-10	Wed	Aug 4-25	12:30-2:00PM	\$120
Ages 11-17		-	Thornell Farm Park Te	nnis Courts

Groups are separated by age, and the goal of this program will be to teach basic strokes and later to put them into drills and games that will show tennis can be a lot of fun to play. Jason Speirs, Director of Empire Tennis Academy, will coordinate the program and his staff will be teaching it. This tennis program is for Entry Level to Low Intermediate players only. The week-long camps are also available at a \$54 per day price. Come join us and have fun while you learn the sport of tennis!

Thornell Farm Park is located at 480 Pittsford Mendon Rd in Pittsford.



WWW.TOWNOFPITTSFORD.ORG

Register Online At: www.townofpittsford.org

Girls Youth Basketball

Maddy Brown Grades 2-5	n, Instructor			
Reg. No.	Day	Date	Time	Fee
311214-01 Ages 7-11	Wed	Jul 14 - Aug 11	5:45-6:45PM	\$100 PCC Gym
Grades 6-8 Reg. No.	Day	Date	Time	Fee
311214-02 Ages 12-14	Wed	Jul 14 - Aug 11	6:45-7:45PM	\$100 PCC Gym

Looking to learn the fundamentals of basketball? This program will teach girls fundamental basketball skills led by former Division I player and skills trainer, Maddy Brown. Participants will focus on ball handling, form shooting, offensive skill development, agility, and footwork. No prior experience is required. This program will adhere to all current NYS COVID-19 Sport and Recreation guidance. Controlled scrimmages will be played, following safety precautions outlined in current local and state COVID-19 guidance, but the majority of the program time will be spent on skills and drills. **Masks are required and must be worn for the duration of the program.** Players should bring their own ball if possible.

Girls You Maddy Brown Grades 2-5	NEW			
Reg. No.	Day	Date	Time	Fee
311252-01 Ages 7-11 Grades 6-8	Wed-Fri	Jul 7-9	5:00-7:00PM	\$150 PCC Gym
Reg. No.	Day	Date	Time	Fee
311252-02 Ages 12-14	Wed-Fri	Jul 7-9	7:15-9:15PM	\$150 PCC Gym

Looking to learn the fundamentals of basketball? This camp will teach girls fundamental basketball skills led by former Division I player and skills trainer, Maddy Brown. Participants will focus on ball handling, form shooting, offensive skill development, agility, and footwork. No prior experience is required. This program will adhere to all current NYS COVID-19 Sport and Recreation guidance. Controlled scrimmages will be played, following safety precautions outlined in current local and state COVID-19 guidance, but the majority of the program time will be spent on skills and drills. **Masks are required and must be worn for the duration of the program.** Players should bring their own ball if possible.



Boys Youth Basketball

Glenn Anderson, In	structor
Aaes 10-12	

<u>Reg. No.</u> 311213-01	Day Thu	Date Jul 15-Aug 12	Time 6:00-7:00PM	<u>Fee</u> \$100
Ages 13-15 Reg. No.	Day	Date	Time	Fee
311213-02	Thu	Jul 15-Aug 12	7:00-8:00PM	\$100 PCC Gym

NFV

Foo

This program will teach boys fundamental basketball skills led by current President of the Pennsylvania Basketball Coaches Association, Gold Certified USA Basketball Coach and Assistant Coach at Pittsford Mendon High School, Glenn Anderson. Participants will focus on ball handling, form shooting, offensive skill development, agility, and footwork. No prior experience is required. This program will adhere to all current NYS COVID-19 Sport and Recreation guidance. Controlled scrimmages will be played, following safety precautions outlined in current local and state COVID-19 guidance, but the majority of the program time will be spent on skills and drills. **Masks are required and must be worn for the duration of the program.** Players should bring their own ball if possible.

Irish Hurling Skills

Progressive Early Learning, InstructorReg. No.DayDateTime310435-01FriJul 9-305:00-6:00PM

110911101		D U C C		100
310435-01	Fri	Jul 9-30	5:00-6:00PM	\$55
310435-02	Fri	Aug 6-27	5:00-6:00PM	\$55
Ages 4-17		-	Hopkins Pa	ark Field #2

Learn to play the ancient sport of Hurling! Described as "the fastest game on grass," hurling has been played in Ireland for at least 4,000 years. It is now one of the fastest growing sports in America with new clubs sprouting up everywhere, including here in Rochester. Combining the skills learned playing lacrosse, field hockey, soccer, and baseball, hurling is a full body workout. Come learn the basic skills that it takes to begin playing the game. This four session class lays the foundation on which to build your skills in order to play the game of hurling. For more about the game including video and a full match, and to find out about equipment go to www.progressiveearlylearning.com and click the Irish Hurling tab.

Hopkins Park is located at 5 Barker Road in Pittsford.

Running Club

Mary Slaughter, Instructor

mary shaagine		51		
Reg. No.	Day	Date	Time	Fee
311297-01	Tue	Jul 6-Aug 17	5:45-6:25PM	\$79
Ages 6-10		-		PCC Gym

Summer Running offers all kids some unique, summer-only fun with outside and inside running challenges! Run for time, distance and fun plus warrior-fun obstacle courses too! Join Coach Mary and friends to learn better running techniques and tips that are great for all sports and lifelong agility! All friendly fun with smaller-capacity classes and all safety protocols for healthy, happy runners!

No class Jul 20 & 27



Like us on Facebook, Twitter and Instagram!

Summer Gymnastics

Mary Slaughter, Instructor					
Reg. No.	Day	Date	Time	Fee	
311296-02 Ages 4-8	Tue	Jul 6-Aug 17	4:20-4:55PM	\$89	
311296-03 Ages 5-10	Tue	Jul 6-Aug 17	5:00-5:35PM	\$89 PCC Rm 217	

Summer is the perfect time to progress those hard-to-get skills and learn some new ones! Join Coach Mary, safety-certified, former Head Coach, for fundamentals at every developmental level plus many crossover skills good for all sports! Get strong while upside down in handstands, jumping to vault over the stack-mats and holding yourself up on the floor bars! These smaller-capacity classes offer unique summer fun and strengthening while following all safety protocols.

No class Jul 20 & 27

Soccer Shots for Youth

Soccer Shots Staff, Instructor					
Reg. No.	Day	Date	Time	Fee	
311254-04	Sat	Jul 10-Aug 28	10:05-10:50AM	\$115	
311242-05	Sat	Jul 10-Aug 28	11:00-11:45AM	\$115	
Ages 5-7		-	Hopkins Park Re	ctangle #1	

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expertapproved curriculum is age appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents. Hopkins Park is located at 5 Barker Rd. at Mendon Center Rd. in Pittsford.

Martial Arts for Youth-Introductory

James Creighton & Pete Reminicky, Instructors

Reg. No.	Day	Date	Time	Fee
CHILDREN'S V	VHITE BELT CL	ASS		
310327-01	Tue	Jun 22-Aug 17	7:00-7:45PM	\$94
310327-02	Wed	Jun 23-Aug 18	6:30-7:15PM	\$94
310327-03	Tue & Wed	-		\$145
Ages 6-15				PCC Rm 218

All of us at Creighton Martial Arts focus on the health and safety of all of our students and families as our highest priority. To achieve this goal we must make changes based on the new challenges that we are currently facing. All of our classes will require social distancing, masks and temperature checks before the classes begin. We will be making modifications to our curriculum to adapt to the current challenges that COVID has presented to us. All classes will have minimal contact to comply with NYS requirements.

Designed strictly for new students and current white belts. Our program of the martial arts is an "education-based" curriculum; where character building, leadership skills, goal setting and constant and never- ending improvement all play vital roles. This means that in addition to learning traditional techniques of the martial arts, children are also taught the importance of respect, self-confidence, self-esteem and anger management. We strive to provide each student with a positive image on how they behave in the dojo (training hall), home, and school. The introduction program is designed to prepare each student for their yellow belt training so that they can further their martial arts training in our year-round colored belts program. Students are allowed to sign up for more than one night to advance their training if desired. For more information visit www.creightonmartialarts.com.

No class Jul 6 & 7

Martial Arts for Youth-Advanced lawaa Cusimbtan O Data Dawinialuu luat

James Creighton & Pete Reminicky, Instructors						
Reg. No.	Day	Date	Time	Fee		
CHILDREN'S Y	ELLOW & ORA	NGE BELT CLASS				
310327-04	Tue	Jun 22-Aug 17	7:00-7:45PM	\$94		
310327-05	Wed	Jun 23-Aug 18	6:30-7:15PM	\$94		
310327-06	Tue & Wed	-		\$145		
<u>CHILDREN'S G</u>	REEN BELT &	ABOVE CLASS				
310327-07	Tue	Jun 22-Aug 17	8:00-8:45PM	\$94		
310327-08	Wed	Jun 23-Aug 18	7:30-8:15PM	\$94		
310327-09	Tue & Wed	-		\$145		
Ages 6-15			P	CC Rm 217 & 218		

COLORED BELTS ONLY. This advanced martial arts for kids program is a continuation of training after completion of Level I introduction to the martial arts for children program. Students signing up for this program must have already achieved their yellow belt in Goshin Jutsu. After building a basic foundation of the martial arts in the introduction program, students in the advanced program are seeking to further their training by learning different colored belt requirements within the curriculum. The main emphasis in this program is to focus on the concept of "constant and neverending improvement." It is our goal to help students follow through to the rank of black belt and eventually advanced study in the adult curriculum. For more information visit www.creightonmartialarts.com.

No class July 6 & 7

A Horse's Friend: Horsemanship Camp

A Horse's Friend, Instructor				
Reg. No.	Day	Date	Time	Fee
311287-01	Mon-Fri	Jul 5-9	9:00AM-1:00PM	\$260
311287-02	Mon-Fri	Jul 12-16	9:00AM-1:00PM	\$260
311287-03	Mon-Fri	Jul 19-23	9:00AM-1:00PM	\$260
311287-04	Mon-Fri	Jul 26-30	9:00AM-1:00PM	\$260
311287-05	Mon-Fri	Aug 2-6	9:00AM-1:00PM	\$260
311287-06	Mon-Fri	Aug 9-13	9:00AM-1:00PM	\$260
Ages 7-14		-	A Hors	se's Friend

A Horse's Friend's Horsemanship program introduces children to the world of horses. Participants will learn how to completely care for the horses while learning that safety is always the most important thing. The program teaches participants how to clean stalls, feed, groom, walk, and ride horses. This is a Western Program. Participants will be taught the parts of Western tack, including the proper way to tack a horse. Children should bring a water bottle and lunch each day.

A Horse's Friend is located at 375 Stonybrook Rd., Rush, NY 14543.

Horseback Camp for Kidz

Park Place Fai	rms, Instructo	or		
Reg. No.	Day	Date	Time	Fee
311239-01	Mon-Fri	Jul 12-16	9:00AM-2:00PM	\$290
Ages 7-14			Park P	lace Farms

Interested in learning about horses? Learn to care for, lead, and ride better. Build confidence, skills, and lifetime friendships while working with horses. Helmets and ponies are provided. Fun, informative and interactive. Riders participating in the week long camp should bring a lunch and a snack.

Park Place Farms is located at 354 Bull Saw Mill Rd in Mendon.

Youth Soccer - Summer

Recreation Sta	aff, Instructo	r		Jul 6-Aug 17
Reg. No.	Day	Date	Time	Fee
311229-01	Tue	Grades K-1	6:30-7:15PM	\$45
311229-02	Tue	Grades 2-3	7:30-8:30PM	\$45
311229-03	Tue	Grades 4-6	7:30-8:30PM	\$45
			Great Embankr	nent Park Fields

The emphasis of this program is sportsmanship, friendship, and fun. Micro soccer (small-sided play on scaled down field areas) will be the format utilized to maximize each player's involvement in play and opportunity for "ball touch." Games introduced are designed to be challenging and skill building, and will help to build your child's confidence with a soccer ball without them even realizing it's happening. Players must provide a water bottle, shin guards and a size 3 practice ball. Registration deadline is June 18.

Volunteer coaches are necessary for the success of this program – no experience necessary. Volunteers will be sent a packet with lesson plans and all pertinent program operational information prior to the start of the season. If you are interested in coaching, please contact Kate at 248-6281.

Great Embankment Park is located at 631 Marsh Road in Pittsford.

Edge11 Elementary Soccer Academy Edge11 Soccer Staff, Instructor

Reg. No.	Day	Date	Time	Fee
311272-01	Thu	Jul 22-Aug 19	5:15-6:15PM	\$85
Ages 8-10		·		PCC Field

The Edge11 Elementary Soccer Academy is designed to promote every player's technique and individual skill. In a progressive manner, participants will learn the coordination and basic motor patterns used to solve soccerspecific situations. Choosing the most effective solutions to these situations requires a high degree of ball mastery and wide range of motor skills in competitive levels of soccer. Edge11 Elementary Soccer Academy will teach these skills through a variety of catered, progressive and purposeful soccer activities. Our goal is for ALL players to master a variety of technical skills and consistently perform them in an adaptive and flexible manner.

Sports Camp for Kids

ian Marshall, Instructor					
Reg. No.	Day	Date	Time	Fee	
311255-01	Mon-Fri	Jul 12-16	9:00AM-12:00PM	\$90	
311255-02	Mon-Fri	Jul 19-23	9:00AM-12:00PM	\$90	
Ages 6-12		Great E	mbankment Park Field 4 &	Pavilion	

This camp is designed for kids who love playing sports and being active. New sports and games will be introduced daily. Sports such as soccer, lacrosse, basketball, and baseball will be played. Also, kids will have fun with active games like capture the flag, ultimate frisbee, and kickball. Please come prepared with a large water bottle, a small snack, and sneakers.

Great Embankment Park is located at 631 Marsh Rd. in Pittsford.



Junior Golf

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	Date	Time	Fee
311215-01	Mon-Fri	Jul 12-16	11:00AM-12:30PM	\$189
Ages 11-16			Eagle Vale (Golf Club

This course is for the 11-16 year old who has little to no former golf experience. It's the perfect place for the beginner golfer to start. We will cover the basic fundamentals of grip, aim and posture as it pertains to the full swing. Various parts of the short game will also be covered, from pitching and chipping, to putting as well. Rules and etiquette will be covered, along with an expanded short game format to help round out their learning experience. Daily contests will keep the learning fun and entertaining. Your child will receive an Eagle Vale Golf hat on the first day of camp and on the last day a Range Pass will be given to each participant, which is good for 6 Free Small Range Baskets. Please call (585) 377-5200 or visit us online at www.eaglevale.come for more information.

Super Junior-Beginner

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	Date	Time	Fee
311217-01	Mon-Fri	Jul 12-16	10:00-11:00AM	\$119
311217-02	Mon-Fri	Jul 19-23	10:00-11:00AM	\$119
Ages 5-9			Eagle Val	e Golf Club

Our expansive Teaching Center allows us to utilize multiple stations of activity where we are able to integrate agility, balance, throwing and catching, alongside standard golf fundamentals to keep kids enthused, interested and focused. The long range goal is to have kids fall in love with the game of golf, but also be able to excel in other sports and activities in which they wish to explore. Your child will receive an Eagle Vale Golf hat on the first day of camp and on the last day a Range Pass will be given to each participant, good for 6 Free Small Range Baskets. Please call (585) 377-5200 or visit www.eaglevale.come for more information.

FJ1 NFL Flag Football League Felix Joyner, Instructor

Reg. No.	Day	Date	Time	Fee
311295-01	Sat	Jul 10-31	3:00-5:00PM	\$60
Ages 5-13			Hopkins Park R	ectangle #2

This flag football league is geared towards all experience levels and is meant to build a strong foundation of learning through the game of football. Participants will learn the game of football, specifically focusing on movements, skills and safety. Pending NYS Sport & Recreation guidelines, a game follows practice. Flags are available for use. Each week, participants will receive in-game experience. Games will be one hour long, with two 20-minute halves and a 20-minute practice prior to the start of the game. The focus will be on preparing kids for the contact leagues through teaching game basics, safety, and football fundamentals. The skills learned in this league should prepare participants for the next level as they experience real game situations.

Hopkins Park is located at 5 Barker Rd in Pittsford.

YOUTH & TEEN/ADULT PROGRAMS

NIEWA

Outdoor Volleyball

Michael Car	ney, Instruct	or		INEVV
Reg. No.	Day	Date	Time	Fee
311282-01	Fri	Jul 9-Aug 20	6:30-8:30PM	\$35
Ages 15-18		-	Penfield Community	/ Center Field
311282-01	Fri	Jul 9-Aug 20	6:30-8:30PM	\$35
Ages 18 & L	Jp	-	Penfield Community	/ Center Field

This program is geared for players of all ages and experience level. A great aspect of volleyball is that it's a great team sport: some can serve well, some can block well, some can "dig" well, and some can spike well. And, you need all of those pieces to make a great team. So, what can you contribute? Come on out and contribute to your team's success! The first part of each class will include instruction in the basic skills of serving, passing, setting, attacking and blocking; the rules of the game will also be presented. Then, it's time to play ball! This program will adhere to all current NYS COVID-19 Sport and Recreation guidance. Teams will be determined weekly by the instructor and split into groups based on age and ability.

The Penfield Community Center is located at 1985 Baird Rd., Penfield, NY 14526.

Ultimate (Frisbee)

Michael Carney, Instructor

Reg. No.	Day	Date	Time	Fee
311285-01	Sat	Jul 10-Aug 21	10:00AM-12:00PM	\$20
Ages 12 & up			Penfield Community Cen	ter Field

Are you looking for a family sport this spring in a convenient location? Ultimate (Frisbee) of Pittsford provides an aerobic, socially-distanced, coeducational, and family-friendly instructional and competitive experience for novice and experienced players. Individuals and family-members (parents/kids) are welcome! Ultimate combines the field movement of soccer, the passing/scoring/kickoffs of football, the agility of basketball, and the jumping of volleyball! This program will adhere to all current NYS COVID-19 Sport and Recreation guidance. A game follows a lesson. This is a pick-up program; weekly attendance is not required.

The Penfield Community Center is located at 1985 Baird Rd., Penfield, NY 14526.

Sports fo Michael Carne				NEW
Reg. No.	Day	Date	Time	Fee
311256-01	Mon-Fri	Jul 5-9	10:00AM-12:00PM	\$40
Ages 13-17			Но	pkins Park

Do you have a middle/high school aged boy or girl who enjoys playing some team sports this summer? Sports for Teens is designed for the busy and active teenager with free mornings to both burn off some energy and socialize in the realm of various games/sports including ultimate (Frisbee), flag football, soccer, wiffle ball, etc.

Prior knowledge or experience is not necessary. Each day includes a general introduction and rules-overview of the scheduled games.

The morning is broken into 2 sessions. Each session begins with some light warm-up and skill development. Subsequently, teams will be selected based on the skill and experience level of the player; teams will be given a short practice. Each session concludes with a game that is refereed.

All sporting/game equipment will be available for use. Daily attendance is not required, but encouraged. This program will adhere to all current NYS COVID-19 Sport and Recreation guidance.

Adult Programs Adventure & Nature

Guided Hikes on Pittsford Trai

NECIEALIUN S	ian, msinuc	101		
<u>Reg. No.</u>	Day	Date	Time	Fee
ISAAC GORD	ON NATURI	TRAIL		
341021-01	Sat	Jul 10	8:30AM	No Fee
ROYAL COAC	H TRAIL			
341021-02	Sat	Jul 24	8:30AM	No Fee
CARTERSVILI	E/SIMON S	TONE'S MILL TRA	<u>IL</u>	
341021-03	Sat	Aug 7	8:30AM	No Fee

Use the Town's Trail Maps to explore the trails and walkways of Pittsford. These guided hikes provide an opportunity to meet members of the community, and discover the Isaac Gordon Nature Trails (Jul 10), the Royal Coach Trail (Jul 24), and the Cartersville/Simon Stone's Mill Trail (Aug 7). Participants will be contacted with a meeting place and extra information prior to the hike date and will be provided with a trail map at the outset of the hike. Maps are available for free ahead of time at:

http://townofpittsford.org/trails_and_walkways

Registration is required.

Fairchild Jack Butler, Ins	NEW			
Reg. No.	Day	Date	Time	Fee
321026-01	Sat	Jun 5	1:00PM	No Fee
321026-02	Sun	Jun 20	1:00PM	No Fee
321026-03	Sat	Jul 17	1:00PM	No Fee
321026-04	Sun	Jul 18	1:00PM	No Fee
321026-05	Sat	Jul 31	1:00PM	No Fee
321026-06	Sun	Aug 1	1:00PM	No Fee
321026-07	Sat	Aug 21	1:00PM	No Fee
321026-08	Sun	Aug 22	1:00PM	No Fee
Ages 16 & up		-		Mendon Ponds Park

Mendon Ponds Park is one of the country's most unique parks and it is right in our backyard! Herman LeRoy Fairchild, Professor Emeritus in the Geology Department at the University of Rochester, first advocated in 1926 for the "Mendon Kames" area to be developed into a state or county park. Two years later, Monroe County began the first of what would become many land purchases to ultimately create the glacial topographic wonder that is known today as Mendon Ponds Park. The Fairchild Walking Tours will cover the history of the park, its glacial formation and geological features such as kettles, kames and eskers. The first of these Tours is called "Hidden in Plain Sight." Join us to explore this geological wonder! Small groups will be formed. No voice amplification will be used. Must be in good physical health. 90-minute Tours.

Meeting location is the Youth Camping Area on Hopkins Point Road.



Like us on Facebook, Twitter and Instagram!

Hopkins Park is located at 5 Barker Rd.

Arts, Crafts & Cooking

Watercol Kathy Armstron			U	
<u>Reg. No.</u>	Day	Date	Time	Fee
PAINTING NATU	JRE IN WATER	<u>RCOLOR</u>		
320314-01	Mon & Tue	Jul 12 & 13	10:00AM-4:00PM	\$120
WATERCOLOR I	PAINTING WI	H A FARMER'S M	ARKET THEME	
320314-02	Mon & Tue	Aug 2 & 3	10:00AM-4:00PM	\$120
Ages 18 & up			King's Bend Park – North	Lodge

These 2-day watercolor workshops are taught by Pittsford Fine Art gallery member, Kathy Armstrong. Basic to intermediate watercolor techniques will be covered and students will have the option to paint their individual painting or follow the demonstration of the instructor. Participants will need to supply their own materials and a full materials list will be sent a week or two ahead of each workshop. All levels of experience are welcome.

King's Bend Park is located at 170 Jefferson Rd.

Making Soap the Easy Way

Beth	Byrne,	Instructor
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Reg. No.	Day	Date	Time	Fee
320202-01	Mon	Jul 12	6:30-8:00PM	\$28
Ages 18 & up				PCC Rm 18

Make natural soap easily by using a cold-processed soap base. Learn the fundamentals of soap-what it is, a brief history and how it is made, then create your own personalized batch. Just add color, scent and herbs. If you are leery of working with sodium hydroxide but want real soap, this class is for you.

Basic Cold Process Soap

Beth Byrne, Instructor					
Reg. No.	Day	Date	Time	Fee	
320204-01	Tue	Jul 20 & 27	6:30-8:30PM	\$90	
Ages 18 & up				PCC Rm 19	

Learn to make real soap using the most popular method today: cold process. This is a two-class course. Learn theory and safety precautions in the first class. In the second class, make an actual batch of soap to take home! Bring a pair of gloves, vinyl, nitrite or rubber, as you would use for heavy cleaning, not the disposable type. If you have an immersion blender you can bring, please do.

Bath Salts

Beth Byrne, Instructor

Reg. No.	Day	Date	Time	Fee
320205-01	Tue	Aug 3	6:30-8:00PM	\$16
Ages 10 & up		-		PCC Rm 19

Bath salts have a long history in bathing, and for good reason! Find out why and create, color and scent your own one pound batch to take home!

Bath Fizzies

Beth Byrne, Instructor					
Reg. No.	Day	Date	Time	Fee	
320206-01 Ages 12 & up	Tue	Aug 24	6:30-8:00PM	\$18 PCC Rm 19	

Bath Fizzies are among the most popular bath treats today. Learn how to make them yourself and take several home for your own luxurious bath. Please bring a box (small shoebox or other shallow box) to take fizzies home in.

Pamper Those Tootsies! Class Beth Byrne, Instructor

Beth Byr	ne, Inst	ructor	

Reg. No.	Day	Date	Time	Fee
320208-01 Ages 18 & up	Tue	Jun 15	6:30-8:30PM	\$25 PCC Rm 19

It's time for a little pampering! Make foot scrub and soak in class, then use the products to clean, soak and exfoliate. Finish with a moisturizing massage. Please bring a hand towel or bath towel.

Summertime, Summertime! Cards and Fun!

Pat Miller, Instructor

Reg. No.	Day	Date	Time	Fee
320223-01	Sat	Aug 14	9:30AM-12:00PM	\$45
Ages 14 & up		-	PCC	Rm 207

Get out of the house for a couple of hours! Join our masked group and do some creating! You will make some awesome summer note cards to send to the friends you haven't been able to get together with in recent weeks. Your kit includes everything to make the morning fun! Please bring your paper snips and your favorite crafting glue. Questions? Feel free to contact the instructor at 585-200-0196.

	Clay Making Kit! simmons, Instructor	NEW
Reg. No.		Fee
320226-01 All Ages	In-Person Pick-Up at PCC (35 Lincoln Ave)	\$42

Create with real clay to make a box, a bowl, or a sculpture! Use techniques such as coiling, pinching, and slab to make your own masterpiece. Experiment with texture using items found in or around your home! You will be able to add a lid, handle, or even feet to your own creation! The kit includes four (4) pounds of clay, tools, and cardboard. Please pick up your kit during the week of **Jul 2-Jul 9**. Instructions for how to have your piece fired in the kiln: Completed projects must be returned to PCC on Wednesday, **July 28th** for firing in the kiln. Finished projects will be returned to the PCC for pick-up during the week of **Aug 20-Aug 27**.



Dance

Pittsford Ballet School

Karen Hanson	, Instructor	Jun 28-Aug 23
Reg. No.	Day Date	Time Fee
340402-01	1 class/week	1.5 hr class \$108
340402-02	2 classes/week	1.5 hr class \$212
340402-03	3 classes/week	1.5 hr class \$312
340402-04	4 classes/week	1.5 hr class \$408
340402-05	5 classes/week	1.5 hr class \$500
340402-06	1 class/week-pointe	.5 hr class \$32
340402-07	2 classes/week-pointe	.5 hr class \$64
340402-08	Single class	1.5 hr class \$16
340402-09	Single pointe class	.5 hr class \$6
ADULTS		
Mon	Intermediate	8:00-9:30PM Ages 14 & Up
Mon	Advanced Beginner	10:00-11:30AM Ages 9 & Up
Tue	Intermediate Advanced	10:00-11:30AM Ages 12 & Up
Tue	Pointe	11:30AM-12:00PM Ages 12 & Up
Wed	Advanced Beginner	10:00-11:30AM Ages 9 & Up
Thu	Intermediate/Advanced	10:00-11:30AM Ages 12 & Up
Thu	Pointe	11:30AM-12:00PM Ages 12 & Up
Fri	Intermediate	10:00-11:30AM Ages 12 & Up PCC Rm 218

Registrants must provide plain black leotards, pink tights, pink ballet slippers, and have hair pinned up securely. Recommend youth Adv/Beg enroll in 2 classes/week (unless provisions are made with the instructor.) Pointe may be taken with permission of instructor.

Masks must be worn during class.

--Advanced Beginner: minimum 1 year training

--Intermediate: minimum 3 yrs training

--Advanced: minimum 5 yrs training

No class Jul 5

Ballroom Dance

Andrea Brodine, Instructor

Reg. No.	Day	Date	Time	Fee
320404-01	Mon	Jul 12-Aug 23	5:00-6:00PM	\$84/per person
Ages 13 & up		-		PCC Rm 215

Learn to Ballroom Dance! All ages and ability levels welcome. Come with a partner or by yourself and learn the Ballroom Basics in such dances as the Waltz, Tango, Foxtrot, Cha Cha, Rumba, and Swing. Class will include a brief warm-up, followed by technical exercises and instruction in basic dance steps. No previous dance experience required! Participants will be required to wear masks in accordance with COVID-19 safety guidelines. Class will be a combination of solo and partner work. Partners will be required to live in the same household, however a partner is not necessary to participate in this course. Whether you're single and looking for fun exercise, or a couple looking for an enjoyable date night, this is the place for you!



Belly Dance

Deborah Robinson, Instructor

Reg. No.	Day	Date	Time	Fee
340406-01	Tue	Jun 29-Jul 20	7:00-8:00PM	\$38
Ages 14 & up				PCC Rm 215

Join us and get in on the fun! Belly Dance will have you moving like you never thought you could. While learning this beautiful dance form, you will strengthen and tone your core, improve your balance, posture, and coordination and just plain feel good moving! No previous dance experience is required. This is an open level class for beginners and more experienced dancers. Grab a friend or make a new one and have fun while achieving a great work out.

Music & Theatre

Private Piano Lessons

Information on page 14.

		Driv	ing	
Pre-Licer Jon DelVecchi	sing 5 o, Street S	Hour Cou	rse School Instructor	
Reg. No.	Day	Date	Time	Fee
320919-01	Tue	Jul 6	3:00-8:00PM	\$50
Ages 16 & up			ZOOM – Onlir	e Learning
320919-02	Tue	Aug 3	3:00-8:00PM	\$5 0
Ages 16 & up			ZOOM – Onlir	e Learning

This is the state mandated five-hour pre-licensing course. Applicants must bring a valid NYS learner's permit to class. Snacks are permitted. In addition to the basics, students will leave with the knowledge of skills and habits for a lifetime of safe driving. The course will not simply provide the minimum information to pass a road test, but high value driving techniques. Students will leave with their MV-278 certificate required for scheduling a NYS DMV road test.

Defensive Driving

Cindy St. George, Instructor

Reg. No.	Day	Date	Time	Fee
320907-01	Sat	Jul 24	9:30AM-3:30PM	\$45
320907-02	Tue & Thu	Aug 3 & 5	6:00-9:00PM	\$45
Ages 16 & up		-		PCC Rm 204

Empire Safety Council, New York State and DMV approved, offers two great ways to save for New York State licensed drivers. First, complete this informative six-hour workshop and receive a 10% reduction on the liability and collision premiums of your auto insurance for three years. Each member of a family completing the workshop is also entitled to the 10% reduction provided they are a primary operator on a vehicle listed on the policy. Secondly, you may be eligible to reduce up to four points on your driving record. An experienced certified instructor will lead the program using a wide array of teaching techniques appealing to motorists of all ages. The focus of the Traffic Survival Workshop is developing improved driving awareness, prevention skills and defensive driving strategies. Saturday courses will break for a ½ hour lunch. Please bring your own beverage.

Education

Becoming a Notary Public

Kristin Cavalla	aro, instruc	tor		
Reg. No.	Day	Date	Time	Fee
310962-01	Sat	Jul 31	9:00 AM-2:30 PM	\$60
310962-02	Wed	Aug 4 & 11	5:30-8:30 PM	\$60
Ages 18 & up		5	Zoom – Online	Learning

Notary Public License Law: Whether you are looking to become a new Notary Public or need a refresher on Notary Law and the duties/responsibilities afforded to you, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as appointment, testing and renewal policies and procedures.

Dress for YOU

Joanne Cerco	ne, Instruct	tor		
Reg. No.	Day	Date	Time	Fee
310923-01	Sat	Jul 31	9:00AM-12:00PM	\$45
Ages 18 & up			PC	C Rm 107

The Dress for YOU seminar is one that assists individuals in better understanding their personality, body shape, budget and lifestyle. It will provide the tools necessary for each to make customized choices from all perspectives, so as to better build their wardrobe for all occasions, ultimately creating well-dressed individuals from head to toe! Questions? Contact the instructor at (585) 749-1591. Joanne is a motivational public speaker, pediatric nurse, professional model/on air talent, fashion consultant, published writer, and show event producer/director. www.joannecerconeproductions.com.

Learn Spanish: Enhance Your Brain Lourdes de la Colina-Scofield.

<u>Reg. No.</u>	Day	Date	Time	Fee
<u>BASICS I</u> 310952-01	Mon	Jul 12-Aug 9	10:00-10:55AM	\$145
BASICS II		5		
310952-02 <u>BASICS III</u>	Mon	Jul 12-Aug 9	11:05AM-12:00PM	\$145
310952-03	Mon	Jul 12-Aug 9	12:00-12:55PM	\$145
Ages 18 & up				PCC Rm 206

Basics I: Enhance your brain! No matter your age, learning a new language like Spanish, is an important opportunity to enhance your life. Studies show that learning a new language and having new linguistic skills builds bigger, smarter and stronger brains. Spanish also gives you access to culture, people, and resources. Classes are taught by an experienced native Spanish-speaking teacher in a very kind environment. If you are a complete beginner, or have learned some very basic Spanish before, this class is for you! You will learn new vocabulary along with an introduction to basic Spanish and parts of speech.

Basics II: Enhance your brain! Make it stronger! In this slightly more advanced program you will learn new basic Spanish, with new vocabulary, parts of speech, grammar, and present tense conjugation. Completion of the Basics I program is recommended.

Basics III: Keep enhancing your brain with a native Spanish speaker! This program allows you to build on your basic knowledge of the language, more grammar, and learn Spanish verb tenses. Completion of Learn Spanish: Basics II is required.

All classes can be converted to online learning if necessary.

College 101: Planning & Paying

Paul Celuch, (Lollege Ass	istance Plus Inst	ructor	
Reg. No.	Day	Date	Time	Fee
321708-01	Thu	Jul 29	6:30-7:30PM	\$10
Ages 14 & up			ZOOM - Onlir	ne Learning

In this educational presentation, parents will learn valuable tips about the college search, scholarships, the financial process, and New York's Free-Tuition Program for public and private colleges. Most importantly, there will be a discussion on what parents can do to help their children minimize overwhelming student loan debt. For parents of high school students in grades 9-12. Students are welcome.

SAT Prep Course

Tina Andre & Cody Schweickert, Instructors

Reg. No.	Day	Date	Time	Fee
310904-01	Mon-Fri	Aug 2-Aug 6	10:00AM-12:30PM	\$225
Ages 15-18			ZOOM - Onli	ne Learning
310904-02	Mon-Fri	Aug 9-Aug 13	6:00-8:30PM	\$225
Ages 15-18			F	PCC Rm 204

This course offers students an opportunity to prepare for the SAT exam and learn more about the content and format from professional educators. This course is designed to teach high school students – typically juniors and seniors – the necessary skills to be prepared for the Summer or early Fall SAT exams – offered tentatively on Aug 28 or Oct 2. This course is taught classroom style by Mendon & Sutherland High School teachers, Tina Andre & Cody Schweickert, and provides a comprehensive overview of the SAT exam. The course also presents critical test taking strategies to help ensure success. Students will engage in both English and Math lessons each day; there will also be a built-in break between lessons.

Did you know...

Pittsford Community Center rooms are available for community group meetings. Reservations must be made by a Pittsford resident 48 hours in advance at www.townofpittsford.org. Click on the "Facility Reservations" scrolling link and complete the reservation process.



COVID-19 restrictions and guidelines apply to all facility reservations.

Athletics & Wellness

Martial Arts for Adults

James Creighton & Pete Reminicky, Instructors					
Reg. No.	Day	Date	Time	Fee	
320327-01	Wed	Jun 23-Aug 18	8:15-9:00PM	\$94	
Ages 16 & up		-	PCC Rm	217 & 218	

All of us at Creighton Martial Arts focus on the health and safety of all of our students and families as our highest priority. To achieve this goal, we must make changes based on the new challenges that we are currently facing. All of our classes will require social distancing, masks and temperature checks before the classes begin. We will be making modifications to our curriculum to adapt to the current challenges that COVID has presented to us. All classes will have minimal contact to comply with NYS requirements

The adult program is for anyone who wants to learn how to defend themselves and gain confidence in a positive and enthusiastic training atmosphere. We focus our training on developing each individual to their own personal best, by enriching their lives with all of the unique benefits that the martial arts have to offer. We teach a self-defense oriented martial arts class emphasizing the interaction of the striking arts with the jujitsu arts. Our program is year-round and allows each student to advance up the ranks to black belt. **For more information visit www.creightonmartialarts.com.**

No class July 7

Martial Arts for Women

Tracy Maggio, Instructor

macy maggio, i	instructor			
Reg. No.	Day	Date	Time	Fee
340303-01	1 class/wee	k		\$50
340303-02	Unlimited	class/week		\$75
340303-03	Instructors			\$25
	Mon	Jun 21-Aug 16	6:40-8:10PM	
	Wed	Jun 23-Aug 18	6:00-7:30PM	
	Sat	Jun 26-Aug 21	9:30-11:00AM	
Ages 12 & up		·		PCC Rm 215

BEGINNER-ADVANCED

Learn martial arts in a class for women only. Have fun, gain confidence and get fit in a friendly and supportive atmosphere. Black belt instructors, committed to empowering women, teach a curriculum based on the art of Isshinryu Karate Do, including kata, kicks, hand techniques and weapons. This is an ongoing dojo (martial arts school) in which you, as others have, can progress to black belt. You can attend this class as an introduction to karate and self-defense. Students are grouped, or taught individually based on their instructional needs. Instruction is based on research about how women successfully defend themselves. No previous martial arts experience, or great fitness, is required to join. Beginners welcome at all classes.

No class Jul 5



Like us on Facebook, Twitter and Instagram!

Zumba!

Carlos Chediak, Instructor Jul 9-Aug 20 Mon & Fri 8:30-9:30AM			
Reg. No.		Fee	
320306-01	1 class	\$10	
320306-02	ANY 5 classes	\$45	
320306-03	ANY 10 classes	\$80	
320306-04	Unlimited classes	\$180	
Ages 16 & up		PCC Gym	

Zumba is a fusion of Latin and international music and dance that creates a dynamic, exciting, and effective cardio workout. This fun, 60-minute workout includes easy routines and features interval aerobic training with a combination of fast and slow rhythms that tone and sculpt the body as you dance. Masks must be worn for the duration of the program. A free t-shirt will be given out to those who register for the unlimited class section.

Pilates

Eva Pazral, RYT200, Instructor

Reg. No.	Day	Date	Time	Fee
340350-01	Mon	Jun 28-Aug 23	5:30-6:30PM	\$40
340350-02	Drop-in	(per class)		\$8
Ages 16 & up				PCC Rm 218

This program focuses on basic Pilates principles: core strengthening, increased flexibility and balance, breath control, proper joint movement, and correct spine alignment to improve posture. Participants will learn the basic series of exercises upon which the entire Pilates method is built. Every class is different to ensure that the body is challenged in new ways. Classes are suitable to both beginners that haven't exercised in years and people who exercise regularly by offering modifications to meet each student's individual needs. Participants need to bring their own exercise or yoga mat.

No class Jul 5

Yoga

Eva Pazral, RYT200, Instructor

Reg. No.	Day	Date	Time	Fee
340365-01	Mon	Jun 28-Aug 23	6:40-7:40PM	\$40
340365-02	Drop-in	(per class)		\$8
Ages 16 & up	•			PCC Rm 218

Cultivate breathing and mindful movement in this dynamic Vinyasa Flow style yoga class. Restore a healthy, positive mind and body balance, develop strength, alignment and endurance through the appropriate sequencing of poses. This is a great exercise for beginners as well as for those who practice yoga regularly. Participants need to bring their own yoga mat.

No class Jul 5

Pilates/Yoga Combo (Yogalates) Eva Pazral, RYT200, Instructor

Reg. No.	Day	Date	Time	Fee
340356-01	Tue	Jun 29-Aug 24	12:00-1:00PM	\$45
340356-02	Drop-in (per class)		\$8
Ages 16 & up	-			PCC Rm 215

Warm up with Pilates strengthening your core, arms and legs and continuing with gentle Yoga, including twists and stretches. This class is suitable for all exercise levels. Participants need to bring their own yoga mat.

Yoga Therapy

Kaltiyn Vittozzi, Instructor					
Reg. No.	Day	Date	Time	Fee	
340378-01	Tue	Jul 13-Aug 3	5:00-6:15PM	\$80	
Ages 18 & up		·		PCC Rm 215	

An empowered body is a strong body. This mindful movement yoga series is designed to align body with mind. Clients will learn postures with a focus on body-awareness, strength and safe movement to create a sense of flow and connection in their daily lives off the mat. Postures can be adapted to all abilities and skill levels, and will be tailored to each student's goals/ needs. Yoga therapy helps you tap into your body's wisdom to de-stress and prioritize your life. No prior yoga experience is required.

Zumba Melanie Jones	, Instructor			NEW
Reg. No.	Day	Date	Time	Fee
340314-01	Tue	Jun 22-Aug 24	6:45-7:45PM	\$80
340314-02	Sat	•	10:00-11:00AM	\$80
340314-03	Tue & Sat	5		\$150
Ages 16 & up				PCC Gym

Zumba[®] is the class with the motto of "Ditch the workout. Join the Party." In Zumba[®], world rhythms are brought together to build fun and community in easy to follow moves. The aerobic benefits and energy you will feel is one of the many aspects worth celebrating. Class is also a safe space to modify moves at will and unwrap the gift of your own flair.

No dance background? No problem! Two left feet? You will never be left out.



Couples Massage Workshop Kristen Wondrack, Instructor

Reg. No.	Day	Date	Time	Fee
320308-01	Mon	Jun 21	7:00-8:30PM	\$85
320308-02	Wed	Aug 18	7:00-8:30PM	\$85
Ages 18 & up				PCC Rm 113

Want to help your special person feel better, get that knot out, reduce their stress, pain or headache, but get tired after a couple minutes of trying to massage them? Frustrated with your partner's weak attempt at massaging you? During this workshop, couples will learn basic Swedish and specific therapeutic massage techniques along with proper body mechanics that will allow you to deliver an effective massage while maintaining endurance. Each couple will practice on each other, as the instructor – a Licensed Massage Therapist for 20 years – demonstrates and guides the participants throughout the workshop. The techniques easily combine to form a routine that can be revisited often and expanded upon with practice. Classes are kept small for individual attention. Participants are seated and comfortably clothed – no oil is used. Cost is per couple.

Adult Short Game Clinic

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	Date	Time	Fee
321288-01	Tue	Jul 20-Aug 10	7:00-8:00PM	\$149
321288-02	Wed	Jul 21-Aug 11	7:00-8:00PM	\$149
321288-03	Thu	Jul 22-Aug 12	7:00-8:00PM	\$149
Ages 18 & up		•	Eagle V	ale Golf Club

Emphasis will be on putting, chipping, pitching and bunker play. This clinic is perfect for those players who hit the ball relatively well, but then struggle when they get near the green, often taking multiple strokes and/or putts. The short game is the most overlooked part of the game, with the most impact on your ability to lower your score. Much of this clinic will take place on the golf course, with our extensive short game area be used also. You will receive a free range pass at the end of the last class. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd in Fairport.

Mens' Senior Golf Camp

Erik Yaekel, P	GA Director	of Golf Instructio	on	
Reg. No.	Day	Date	Time	Fee
331289-01	Mon	Jul 5-26	2:00-3:00PM	\$119
Ages 55 & up			Eagle Va	le Golf Club

Lost a little distance lately? Not as flexible as you once were? Here's a program designed to improve your distance with drills and exercises aimed at increasing your strength and flexibility. Golfers will also work on their full swing, short game and course management skills. You will receive a free range pass at the end of the last class; your first practice time is on us! Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd in Fairport.

Ladies' Senior Golf Camp

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	Date	Time	Fee
331290-01	Mon	Jul 5-26	3:00-4:00PM	\$119
Ages 55 & up		Eagle Vale Golf Clu		

Enjoy the camaraderie of your fellow lady golfers in this small group setting. Learn the keys behind hitting your driver further, while freeing up your swing to get the maximum distance on all of your shots. All aspects of your golf game will be worked on, but we will still have the emphasis on hitting the ball further. You will receive a free range pass at the end of the last class; your first practice time is on us! Please call (585) 377-5200 or visit www. eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd in Fairport.



WWW.TOWNOFPITTSFORD.ORG

Adult Ice Skating: Learn to Skate

Reg. No.	Day	Date	Time	Fee		
321208-01	Wed	Jul 14-Aug 18	7:00-7:50PM	\$100		
Ages 18 & up		•		Village Sports		

The "Learn to Skate" program is based on the highly successful basic skills program developed by USFS. This beginning ice skating program is fun, challenging, and rewarding. The curriculum is designed to keep skaters enthusiastic about learning from the time they begin lessons, until the time they reach their goals. This learn to skate program serves the needs of the recreational and aspiring competitive skater, and can also provide a strong skating foundation for hockey skaters.

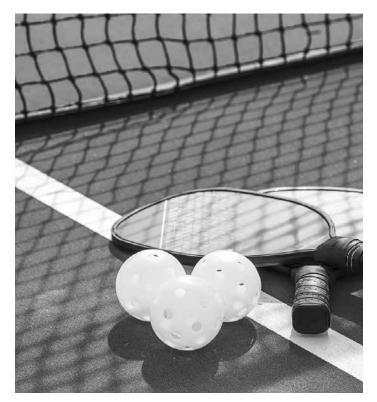
Students will learn forward and backward stroking, stopping, turning, jumping, and spinning. Skaters will develop increased confidence, enhanced self-esteem, and athletic skills as they master each new move. Students start their skating experience by learning the correct techniques in a fun and safe environment. An additional fee of \$17.25 per person for U.S. Figure Skating must be paid at your first class, prior to skating.

Village Sports is located at 2830 Baird Rd, Fairport, NY 14450.

Drop-in Pickleball

Reg. No.	Day	Date	Time	Fee
331283-01	Mon	Jul 12-Aug 16	4:30-6:30PM	\$2
331283-02	Fri	Jul 16-Aug 20	4:30-6:30PM	\$2
Ages 18 & up		•		PCC Gym

Drop-in to play this exciting game that everyone is talking about! Pickleball is a blend of tennis, badminton and ping pong and is a great way to meet new people and play a game that is right for a variety of skill levels. No instruction or supervision is provided for this drop-in program. Fee is per person, per visit. For any questions, contact Kate at 248-6281. Participants playing Pickleball indoors must wear a mask at all times.



Come participate in OUTDOOR ZUMBA

with instructor **Fernando Acevedo** Offered every Saturday at Noon during the Farmers Market!

This FREE 55-minute program is suitable for all ages. *Registration is not required*.

WEGMANS HIT THE TRAIL PASSPORTS AVAILABLE AT THE PITTSFORD COMMUNITY CENTER!

Complete 6 trails to receive a Wegmans reusable bag. You may also enter your completed passport for a chance to win a \$250 Wegmans gift card!

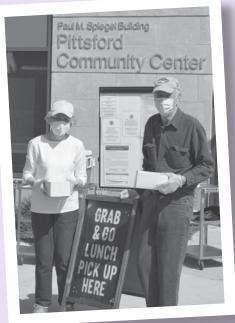


Register Online At: www.townofpittsford.org

-Summer 2021-PITTSFORD SENIOR CITIZENS

35 Lincoln Ave. • Pittsford, NY 14534 (585) 248-6235

Dolores DeCoste, Director



Senior Onting July 22 @ 10AM Isaac Gordon Nature Trail Hike

For more information and to register please call (585) 248-6235

Online Balance Class

FREE Online Program

Our Instructor is Dr. Ron Wood, owner of Clover Physical Therapy, PC. Classes are held every first, second and third Monday of the month, 1:15-2:00PM. Exercises to help improve strength, mobility and/or balance which can help you stay active and prevent falls. **Call** (585) 248-6235 for more information. PITTSFORD SENIOR PROGRAMS are for retired residents or those 50 years of age and over. There are NO fees for membership. The Pittsford Senior Programming office is located at the Pittsford Community Center, 35 Lincoln Ave.

The Senior Lounge is currently open from 8:30AM-4:00PM. COVID-19 restrictions are in place and capacity is limited.

LUNCH CLUB 60 NUTRITION PROGRAM

The Pittsford Senior Center is currently offering Grab-n-Go boxed meals every Monday, Wednesday & Friday. Lunches may be picked up at the Pittsford Community Center (35 Lincoln Ave) between 11:30AM & 12:30PM. Please call 248-6235 for more information.

Suggested contribution for this lunch is \$3.50 per person. This program provides nutrition screenings, assessment, education and counseling to help older participants meet their health and nutrition needs.

AARP SMART DRIVER PROGRAM

In-person AARP Smart Driver classes will resume this fall. Dates and registration information will be in the fall 2021 recreation brochure.

IN-PERSON EXERCISE PROGRAMS

Classes are FREE to Pittsford Residents & \$3.00 per class for non-residents.

PRE-REGISTRATION IS REQUIRED FOR IN-PERSON EXERCISE

CLASSES. Please call to register.

ARTHRITIS SENIOR FITNESS - With Pat Rose Mondays & Wednesdays 9:45-10:45AM Wednesdays 11:15-12:15PM

<u>YOGA FOR SENIORS - with Donna Kawczynski</u> Tuesdays & Thursdays 9:00-10:00AM

ZUMBA GOLD - with Melanie Jones TBD



elder SOURCE (585) 325-2800

Lisa will be available to meet with seniors by appointment only at the Pittsfird Community Center.

Please call the Senior Program office at 248-6235 to schedule an appointment.

PITTSFORD HIGHLANDS CHORUS

Choral Director, Rhonda Wright

Rehearsals will be held via Zoom every Monday from 1:30PM to 2:30PM

ALL ARE WELCOME NO AUDITIONS



HELPFUL RESOURCES FOR SENIORS

ELDERSOURCE

Eldersource can be your single source for information, for advice, for advocacy, and for support.

Care Managers are available to assist with in-home geriatric assessment, caregiver consultation, care planning, linkages to services, help with housing decisions and more.

LISA WHOLLEY, Eldersource Care Manager (585) 325-2800



AARP

AARP helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families – such as employment security, health care and retirement planning.

May be able to assist with information on AARP Safe Driver course, Tax Prep, and more.

AARP.ORG



LIFE SPAN

Lifespan provides information, guidance and more than 30 services for older adults and caregivers.

WWW.LIFESPAN-ROCH.ORG (585) 244-8400

ADDITIONAL RESOURCES

Monroe County Office for the Aging www.monroecounty.gov (585) 753-6280

Pittsford Food Cupboard www.pittsfordfoodcuboard.net (585) 264-9860

Meals on Wheels (585) 787-8397



Supporting Youth. Strengthening Families.

Our Mission

Pittsford Youth Services, Inc. (PYS) is dedicated to providing youth and their families with confidential, professional and affordable social work services in the schools and Pittsford community. PYS strives to enhance social and emotional well-being through counseling, advocacy, educational programs and informational services.

All PYS social work staff are New York State Licensed, Master's level Social Workers (LMSW).

How to Access Services

Eligibility: Any youth, ages 5-21 and their families, who live, work, attend school or worship in the town of Pittsford.

Cost: Services in the schools for youth are free. Additional counseling services are available at our offices in the Phoenix Building - located at 4 South Main Street in the Village at a cost of \$50/hr. A sliding scale is utilized in working with families who may have a limited income, and services are never denied based upon inability to pay.

Contact: Parents may contact their child's teacher, school counselor or the PYS office directly to request services. Appointments at the PYS office are available during the day, some evenings and as arranged directly with the social worker.

PYS Services

- Individual and family counseling Support of Special Education Services
- Home visits
- Parent education programs
- Referrals to outside agencies
- Skill-based groups
 Drug and alcohol education/
- Social-emotional groupsGrief and loss counseling
- Drug and alcohol education/ information programming

For more information or to learn how you can help, call 585.248.6299 or visit our website: www.pittsfordyouthservices.org LIDERBERY EVENSE 34431



Pittsford Community Center (585) 248-6237

Need to get out of the house? Call Elderberry Express!

Elderberry Express provides transportation to the senior citizens of Pittsford for the following:

- Pittsford Seniors' Meeting Tuesdays
- Shopping at Wegmans & Pittsford Plaza -Wednesdays
- The individual's choice: any weekday doctor, dentist, bank, friend, beauty salon, etc.

A donation per trip is appreciated but not required.

Volunteer Drivers Needed!

PITTSFORD COMMUNITY LIBRARY

24 STATE STREET, PITTSFORD, NY 14534 (585) 248-6275 www.townofpittsford.org/library

FROM OUR CHILDREN'S LIBRARIANS, JEANNE STEINBRENNER AND VINISE BOBROV Tails & Tales

2021 Summer Reading Game

This is for everyone who's wished for a special pet. Play our summer reading game and create the perfect pet (or not!). Each week you read at least 120 minutes you will earn a prize and a characteristic of your new friend. At the end of the six weeks, we invite you to write a story or draw a picture of you and your new pet to hang in the library during the month of August.

You can play this game either virtually or in person. Track your reading online or through an app to play virtually, or use our paper reading log to play in person. Registration starts June 14, and you can start keeping track of your reading as soon as school ends. The first turn-in day for prizes is June 28. Prizes and characteristics can be picked up at the library each week, or you can come in once at the end. For children who are preschool through entering 5th grade. The final turn-in day for all prizes is August 14.



FROM OUR TEEN LIBRARIAN, LAURA RICHARDSON

Tell us what you read this summer! If you're in grades 6-12 and you report reading at least one book June-August 2021, you'll be entered to win a grand prize at the end of the season. Participate online or in person. There will also be volunteer opportunities and virtual events for middle and high school students throughout the summer.

FROM OUR PROGRAMMING AND OUTREACH LIBRARIAN, ROBYN AVERY

We're exploring animals and stories all summer long! Join us for summer reading by participating in up to twenty challenges that will have you reading, listening, and watching in ways that you haven't before. If you take part in any of the challenges this summer, you will be entered into our grand prize drawing in August. You can participate in person or online. Learn along the way through programs and events touching on a wide variety of topics related to our community, the world, and the animal kingdom.



34 East Street • Pittsford, NY 14534 • 248-6495

Pittsford Trails & Walkways Information on the Town Website!

Within the Pittsford Town limits, there are nearly 80 miles of recreational and public pathways, including over 42 miles of trails and access ways and over 37 miles of sidewalks. Our pathways provide walkers, hikers and cyclists interesting destinations, quiet seclusion, and an enjoyable means to get some fresh air and exercise.

Please visit www.townofpittsford.org/trails_and_walkways for more information and interactive maps of 10 suggested routes utilizing several of our trails and sidewalks.

Wegmans Hit The Trail Passport!



Be rewarded for walking the beautiful trails of Pittsford! Pick up your passport at the Pittsford Community Center or the Pittsford Wegmans. The passports include eight trails throughout the Town of Pittsford. Simply hike the indicated trails, complete

the trail rubbing for each trail, and return the passport to the Pittsford Community Center to enter a raffle to win a \$250 Wegmans Gift Card. Gift card drawing will be held in the fall. This program runs in conjunction with the Town of Pittsford and Wegmans.



Pittsford Playgrounds

Pittsford Community Center - 35 Lincoln Ave.Hopkins Park - 5 Barker Rd.Thornell Farm Park - 480 Pittsford-Mendon Rd.Great Embankment Park - 631 Marsh Rd.King's Bend Park - 170 W. Jefferson Rd.

Pick up your Pittsford Recreation Playground Passport at the Community Center beginning June 20th! Visit all 5 playgrounds before August 31st and record the date of each visit in your passport. Return completed passports to the Community Center in exchange for a prize! Completed passports will be entered into a grand prize drawing!

King's Bend Park Lodges

HOLD YOUR SPECIAL OCCASION AT KING'S BEND PARK

The park, designed for family and neighborhood use, features two enclosed lodges and restrooms. Open lawns, shaded areas, picnic facilities, walkways, playground facilities and park benches are located alongside the North and South ponds. Amenities for both lodges include electric fireplace, furnace, ceiling fans, picnic tables and benches, sinks, stoves, refrigerators and coat closets.

Online Reservations:

• Available at www.townofpittsford.org Click on "Facilities Reservations"

Reservation Packets are available:

• Pittsford Community Center, 35 Lincoln Ave.

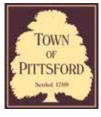
- Pittsford Town Hall, 11 S. Main St.
- Pittsford Community Library, 24 State St.

King's Bend Park Lodge Fees:

 South Lodge Residents \$150.00 Non-residents \$250.00 North Lodge Residents \$175.00 Non-residents \$275.00



For more information please visit www.townofpittsford.org or contact Julie Donnelly at 248-6280.



Town of Pittsford Recreation Department

35 Lincoln Ave. Pittsford, NY 14534



This brochure is printed on recycled paper.



Tentative Mailing Date for Upcoming Fall 2021 Brochure: Week of August 2